



**Upcoming Program**

## **Boosting Lung, Bronchial, Sinus, Pulmonary Functions**

**Anti-Virals, Anti-Bacterials,  
Cleansing, Strengthening with  
Well-Documented/Researched &  
Traditionally Used Foods, Herbs,  
Supplements & Essential Oils.**

**Important Notes: Steve Schechter & NHI  
College DO NOT Sell any products Steve  
talks about. Everything will be available  
both at health food stores and national  
discount catalog companies. Also, no  
claims will be made regarding  
counteracting Covid-19 (a current red flag  
even though we will discuss reliable anti-  
virals for the lungs...)**

***This series includes at least  
10 pages of information-dense,  
cutting edge hand-outs  
and there will be ample  
Question & Answer time.***

**Upcoming 3-Session series Includes:**

**\*\*\* Detoxification From Industrial Pollution,  
Fire Smoke Pollution, & Breathing Fully &  
Freely, Increasing VO<sub>2</sub> (Volume of Oxygen  
- vitally important to everyone, including  
active people, as every cell in your body  
first and foremost needs oxygen), &  
Increasing Lung-Bronchial-Pulmonary  
Health with Well-Researched/Documented  
Foods, Herbs, Supplements & Essential  
Oils. Includes pulmonary anti-virals and  
anti-bacterials.**

**On Zoom:** You can buy access from us anytime. To listen live:

3 WEDNESDAYS: Nov. 11, 18, & Dec. 2 (Skips Nov. 25)

6 - 8 pm PDT

The next live lecture is

Wednesday

\$148/4 sessions

\$47/single session

Note: Because of Covid 19 and the challenges of in-classroom classes, NHI will be doing Zoom classes so that you can purchase and listen to them live and/or listen to them anytime at your convenience.

**Continuing - HYBRID PROGRAM:**

Combined Certified Nutritionist Consultant (CNC)<sup>™</sup>  
& Certified Clinical Master Herbalist (CCMH)<sup>™</sup>

Programs -- In Encinitas  
Open To Everyone!  
You don't have to be previously enrolled to join!  
Wednesday Nights, 6:00 - 8:00 pm PST

**Note: You can join anytime! Sooner is better!**

**All 5 of our Distance Learning Programs for Certification/License are also open to everyone anytime -- including Discounted Now!!**

Learn how to individualize nutritional and herbal formulas and programs for a wide range of common and serious problems. Find out what does and does not work, effectiveness, safety, + optimal delivery forms, dosages, and much, much more!

Note:

Steve and NHI do NOT sell any health products whatsoever, so there is no conflict of interest in the teaching or consultations. Both Programs Combined, including in-classroom training and Certification + complete distance learning: Discounted To \$2,795 (Normally \$4,800)

Instructor: Steve Schechter, NP, HHP, NHI Founder-Director

Steve is a nationally renowned Naturopath and a licensed Holistic Health Practitioner. He completed the pre-medicine program and graduated cum laude from the University of Michigan with majors in both Clinical Psychology and Comparative Religious Mysticism. He wrote the best-selling book Fighting Radiation and Chemical Pollutants with Foods, Herbs and Vitamins-Documented Natural Remedies That Boost Immunity & Detoxify, plus a book on fat loss and a training manual for health therapists. Both he and this book are listed in Who Is Who In Service To The Earth.. Steve has been a practicing Naturopath and has taught clinical nutrition, clinical herbology, aromatherapy, professional massage therapies, and other natural therapies since 1969.

Steve has given featured presentations on nutrition and herbology each of the last eight years at the three largest health industry trade conventions. He has lectured at four major Universities, and has founded and directed a state-approved vocational college of natural

healing. Steve has been a paid consultant for three of the four largest herb companies in the world, two of the three largest supplement companies, and on the Medical Advisory Boards for two nationally prominent magazines.

Steve was hired to direct the Clinical Nutrition, Clinical Herbology, and Massage Therapies departments at Biotox Detoxification Center, San Diego, CA (1987-1988) (the largest medical detox center in the U.S.) under the directorship of Dr. Zane Gard, M.D. He is a regularly nationally featured journalist (having had more than 300 articles published in national health magazines and trade journals and 350 radio interviews) and speaks at many large consumer health expos. He practices in Encinitas and is the Founder - Director of Natural Healing Institute of Naturopathy, Inc. (NHI). NHI is a nationally accredited vocational college of holistic health and natural healing providing Distance Learning and Residential Certificate and License Programs in Nutrition (CNC)<sup>™</sup>, Herbology (CCMH)<sup>™</sup>, Aromatherapy (CCMA)<sup>™</sup>, Holistic Health Practitioner (HHP), Naturopathic Practitioner (NP).

If you plan to enroll, please contact our office during regular business hours.

**Check out our website & contact us for details!**

**(760) 943-8485 or (760) 652-6521**

### **Natural Healing Institute**

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**Contact Us**

