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(Nationally Accredited Distance Learning or Residential Programs For Certification/License)
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Re: Tuition Discount For New Distance Learning Students Living Anywhere In The World

June 22, 2020
Dear New Friend & Prospective Student,

Below is some important news that should warm your heart, assist you in both your self-help and generating a fulfilling new career, benefit your wallet, and giving yourself or someone else a lifelong gift of self-healing plus a new or adjunct healing career. You can learn at home and then work at home or anywhere!!

Between June 22 to July 31, ***I have reduced or discounted the tuition for all our Distance Learning programs by 33 - 67% off.*** **See below! NOTE: ALSO SEE OUR SPECIAL ANNOUNCEMENTS LETTER!!**

Why? We are declaring this as an international time of deep NHI tuition discount. Especially because of all the emotional, economic, physical, and spiritual stress caused by the Corona Virus, I am invoking the spirit of "we are all in this together of "we" rather than "me" & of "interdependence" in this time of change, needed transformations and **fulfillment.** July is the time of Independence in the U.S. We want you to achieve economic and professional independence and full Self-actualization! Additionally, summer is the time of change, growth, transformation, fulfillment, and summer "greens" and "fruition." The greens are symbolic of enhanced income, greater personal growth, more meaning and connection in life. Becoming a health therapist contributes to each person's -- and your clients' -- personal, holistic, religious and/or spiritual path to full realization and holistic health. We can help you generate summer "greens" and harvesting the good fruits of your training via wholesome, (w)holistic, and (w)holy healing.

We can help you benefit yourself, your family, friends, clients, and others via a career in wholesome, (w)holistic, and (w)holy healing. Becoming a health therapist contributes to each person's -- and your clients' -- personal, holistic, religious and/or spiritual path to full realization and holistic health.

*** ● Note: You go at your own pace -- some people are quicker and some take longer! Self-paced!!

The government has strongly suggested that people should consider going to a vocational college to learn a new or second career. ***Important Notes:*** For the last 24 years, NHI has been a leader in effective, innovative, comprehensive, caring Distance Learning Programs. Holistic health and natural healing remains the **2nd** fastest growing industry in the U.S. Education and self-help information has become the third fastest growth industry. Government statistics show even reported health care in the U.S. is more than 1/6 of the budget and health care needs are growing exponentially. People want effective, safe, lower cost health care. This is the absolute best time in history to become a natural healthcare practitioner and health educator!!

Enrolling in NHI vocational college:

- Our mission has always been to sincerely provide the highest quality training possible both for your professional development and for personal/family growth - helping yourself and others - all while at the most reasonable, accessible tuition possible. Our graduates experience enhanced income, greater personal growth, and more meaning and connection in life.

- Students can enroll and study anywhere, including internationally. NHI is drawing more students worldwide due to the increase in popularity of holistic health, natural healing, and web access.

This is the time of "warm," caring education, & heart **fulfillment**. Give yourself and others the true, enduring gift that heals -- a natural healing profession. You can learn at home and then work at home or anywhere!!

- **** ● Note: You go at your own pace -- some people are quicker and some take longer! Self-paced!!!
  *** All of our programs have been fully, Professionally Accredited by the Board of the national American Association of Drugless Practitioners (AADP), Donald Rosenthal, M.D., N.D., Executive Director.

VERY IMPORTANT NOTES & DISCOUNTS. SEE BELOW!!

Note: You will be trained how to conduct your new career via the telephone from your house (very convenient and low overhead), from a business office, wellness center, with an MD, DC, L.Ac., P.T., R.N., etc.

Note: For each of the last 21 years, we have offered one of the three largest and most respected Residential training in Clinical Nutrition in the U.S. qualifying for Certification and also trademarked as **Certified Nutritionist Consultant (CNC)™** ; one of the three largest and most respected Residential training in Clinical Herbology in the U.S. qualifying for Certification and also trademarked as **Certified Clinical Master Herbalist (CCMH)™** ; and the largest and most respected Residential training in **Holistic Health Practitioner (HHP)** qualifying for Certification/License. We were the first college or institute in the U.S. to have a State-Approved Aromatherapy training. This program qualifies you for Certification and is trademarked as a **Certified Clinical Master Aromatherapist (CCMA)™.** Our *comprehensive* Naturopathy program qualifies you as a **Certified Naturopathic Practitioner (NP).** Our Residential College was State-Approved in 1996 and our Distance Learning Programs were State-Approved in 2003. Note, we are fully Professionally Accredited.

***** ● **Note:** We made available our audio files of all of our excellent Residential trainings, classes, and programs that relate to the program you are enrolling in. All the audio files of classes here at our Residential NHI that relate to the program you are enrolling in will be made available FREE. NO CHARGE! Listening is optional but not required. Each program has many different audio files with HHP and NP being far, far more extensive.

********* ●**Note:** Inclusion of the audio recordings is a highly significant value addition at no extra charge! This inclusion equates to hearing the excellent, in-depth classes with a very significant savings of time, tuition, travel expenses and convenience. Plus, you get to hear the spontaneous questions and answers!
*** ● **Emphasized Note:** You go at your own pace--some people are quicker and some take longer! Self-paced!!
Note: Be sure we have your e-mail address for our free Newsletters which include our Fun Health Facts.

Distance Learning Discount Rate For New Distance Learning Students Living Anywhere in the World!
Special Offers of 33 – 67% off the Programs below until July 31, 2020:

Certified Nutritionist Consultant (CNC)™ = Normally $1,995, Now 33 % off = **$1,350.00**
Certified Clinical Master Herbalist (CCMH)™ = Normally $1,995, Now 33 % off = **$1,350.00**
Certified & Licensed Holistic Health Practitioner (HHP) = Normally $6,500, Now 51% off = **$3,249.00**
Certified Naturopathic Practitioner (NP) = Normally $29,900, Now 67% off = **$9,999.00**
Certified Clinical Master Aromatherapist 200 Hour (CCMA)™ = $1,995, Now 41% off = **$1,196.00**

Should you have any questions or wish to schedule a telephone discussion, **please feel free to contact us.**
Sincerely, with great care, and best wishes,
Steve Schechter, N.P., H.H.P., Founder & Director
"We Teach You To Do Your Heart's Work"™ Steve
"The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark." Michelangelo

Natural Healing Institute of Naturopathy, Inc. (NHI)

DISTANCE LEARNING COURSE CATALOG

Nationally Accredited Vocational College

Programs & Classes for Diploma/Certificate of Completion and/or Professional License

Certified Nutritionist Consultant (CNC)™

Certified Clinical Master Herbalist (CCMH)™

Certified Clinical Master Aromatherapist (CCMA)™

Certified / Licensed Holistic Health Practitioner (HHP)

Certified Naturopathic Practitioner (NP)™

"We teach you to do your Life's & Heart's work!"™ ***Steve***

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Natural Healing Institute of Naturopathy, Inc. (NHI) began **in 1997** as a *fully* ***state–licensed***, ***state- approved*** residential vocational college of natural healing, holistic health, and naturopathy.

Listed below are a few of the reasons why NHI grew into the largest and most successful college of holistic health in California with the most popular and largest selection of programs and classes available and certainly is *one of the best vocational colleges of holistic health* in the country:

- Our school director's renowned reputation for 43+ years in this field
- Our highest caliber teaching staff
- The depth and breadth of *reliable* information, integrating the traditional with the scientific and the currently further evolving
- Focus on nurturing our students
- Comprehensive and often *original and unique* written information
- Continued development of our programs
- Responsiveness to current student needs

Now we have transformed five of our most successful residential programs into *excellent, comprehensive distance learning programs you can do at your own pace at home, anywhere in the world.*

All of our course materials have been designed to provide excellent self-healing and growth, to stimulate and develop effective therapists, and to serve as comprehensive resource material throughout your clinical practice.

In case you are ever in our area, you may obtain more information and a schedule of all of our excellent residential classes by contacting our office. You may also visit our website. **Please refer to the FAQ's section (page 23) of this catalog for valuable information.**

******Vital Note:*** Besides the quality of our training, NHI is a nationally accredited vocational college and all of our distance learning programs are Board accredited and certified. NHI must adhere to national Board quality control.

MESSAGE FROM OUR FOUNDER & DIRECTOR

With heartfelt joy and care, we welcome you to our college, our community - Natural Healing Institute of Naturopathy, Inc. (NHI).

NHI is a culmination of my dreams and passions; and, with everyone else's excellent input, continues to grow well beyond expectations. We are pleased you have become a part of expanding our mission, our services and our community. Our mission statement reflects our values, principles and intentions. We are committed to creating a community of instructors, therapists, staff, students or learners, and clients cultivating the highest standards of holistic health and healing.

The word doctor comes from the Latin word meaning to teach. A true doctor is also a teacher - teaching clients how to heal themselves, prevent disease and generate optimal health. Healing includes yet goes beyond curing people's bodies. It is about empowering people to heal their lives. Illness and injury can prompt us to look carefully at ourselves and our lives. They can also help us to better appreciate the preciousness of life and health. How have we been using our bodies? What have we been doing with our lives? What is our true mission in this world?

A teacher takes a hand, opens a mind, ignites a heart, and inspires a spirit. We commit to helping each other live, grow, teach, and heal with joy, appreciation, and with reverence for life's magnificent and magical forces. We enjoy helping you to do your life's work. We commit to providing you with the most comprehensive, in-depth, user-friendly training programs possible along with prompt response to your needs.

"We Teach You To Do Your Heart's Work" ™

Steve Schechter, N.P., H.H.P. *"To Know Is To Care; To Care Is To Act"*[1]

NHI MISSION STATEMENT & BENEFITS for each of our EDUCATIONAL PROGRAMS

- To foster health, healing, joy, meaning, awareness, and appreciation.
- To empower our family of students, clients and staff towards growth and fulfillment.
- To provide exceptional natural healing or holistic health education.
- To provide the highest caliber faculty based on their dedication and ability to inspire and transmit holistic health principles.
- To provide premier instruction and services at the most affordable fees.
- To enrich the physical, emotional and spiritual well-being and healing of our students and clients, thereby enabling them to become more effective, integrated, sensitive and skillful therapists and people.
- To deepen our connections: to ourselves, our community, and to our living planet. (5,CCR §71810(b)(2))

BENEFITS OF NHI

- Vocational College providing courses for Board Certification and Accreditation.
- Five legitimate, Accredited, Certified comprehensive distance learning programs for Board Certification.
- More than 5,900 hours of classes each year of training programs for Board Certification.
- Our director, Steve Schechter, N.P., H.H.P., has been very active in the natural health industry since 1966. He is internationally renowned as a products consultant, speaker, holistic health author and therapist.
- Highly qualified, credentialed, Certified teachers and staff.

[1] Fighting Radiation & Chemical Pollutants with Foods, Herbs & Vitamins–Documented Natural Remedies that Boost Your Immunity and Detoxify (National Bestseller for over 12 years), Vitality Ink Publishing, Encinitas, CA, Steve Schechter, N.P., H.H.P., 1987 & 1997, p V. This quote explains why in

ABOUT NHI

SELF-DIRECTED LEARNERS AND CLIENTS

We refer to students as learners which is a more dynamic or active word and reflects our philosophy that the learner is dynamically active in choosing and actualizing her or his educational and healing program(s). Our programs are comprehensive, yet flexible, offering you many opportunities or doorways to choose your own direction.

NHI FACULTY

The Natural Healing Institute of Naturopathy, Inc is pleased and proud to offer the highest caliber instructors and therapists. All of our faculty are highly qualified, credentialed, state-certified professionals who have been both teaching and clinically practicing in the natural healing fields for many years. They are dedicated, caring, genuine and personable people – several of whom are nationally and internationally renowned.

LICENSING & ACCREDITATION

The Natural Healing Institute of Naturopathy, Inc. is a Certificate / Diploma granting vocational college fully authorized to operate in compliance with the national American Association of Drugless Practitioners (AADP). "The AADP Professional Certification & Accreditation Board has granted the Natural Healing Institute of Naturopathy full Board Professional Acceditation and Certification."
Our Programs were approved in 1997 by several state agencies, including, but not limited to: the California Board of Registered Nurses for Continuing Education Credit Hours (CEU's), California Board of Behavioral Sciences (CEU's), Vocational Rehab., and MYCAA (Military Spouse Career Advancement Accounts). After receiving AADP Professional Board full Accreditation in April 2017, NHI has ceased association with Ca. state Bureau.

PROGRAM DESCRIPTIONS - OVERVIEW

"The physician of the future will first seek to understand a person's temperament, and then treat them with herbs, food and other appropriate methods." Thomas A Edison

Our programs were developed by Founder-Director Steve Schechter, NP, HHP and staff. *All information contained therein is proprietary and, not including the mass-published printed material, is only available through our programs.* There will be no other school with this type of depth of original material available!! *All of our course materials have been designed to provide excellent self-healing and growth, to stimulate and develop effective therapists, and to serve as comprehensive resource material throughout your clinical practice.*

In developing our vast, original, comprehensive, in-depth information, Steve draws upon more than 50 years of clinical holistic experience. In addition, he draws upon information he has integrated as the author of a best-selling book for 12 ½ hears on Clinical Nutrition and Clinical Herbology; author of more than 350 articles published in national peer-review journals; speaker each year for 15 years at the three largest health industry national trade conventions; speaker at numerous other national and international health conferences; past senior spokesperson, researcher and health products formulator for three of the four largest herb companies and two of the three largest supplement companies in the world; and many other related activities.

With Steve's years of experience, researching, training, and teaching, this type of information is un-paralleled. *His material, combined with the input and research of other authors, industry professionals, and our Instructors and Advisors makes it impossible to find another program to compare quality, experience, depth & extent of training information and material!!*

CERTIFIED NUTRITIONIST CONSULTANT(CNC)™
300 CREDIT HOUR PROGRAM

"Let food be your medicine and medicine be your food" - Hippocrates

"Eat your vegetables, do good, and be happy." Jacob Schechter, at age 5, while helping Dad Steve, a keynote speaker, answer questions from the podium at the Association of Humanistic Psychology (AHP) Annual Convention

These classes are designed to train you in the use of Clinical Nutrition (CN) for self-help, personal growth and for the benefit of others. These classes qualify you to become a Clinical Nutritionist. Clinical Nutrition can be practiced alone or in conjunction with the Holistic Health Practitioner license or other therapeutic practices. Those in the fields of medicine, nursing, chiropractic, physical therapy, dentistry, massage, counseling and other healing arts use Clinical Nutrition in their existing practices.

You will learn a variety of nutritional information, including but not limited to: pros and cons of different dietary systems; correct amount of proteins, carbohydrates, and healthy oils; how each specific food affects different parts of the body; how to individualize food and supplement health program for specific needs; therapeutic use of nutrient-dense superfoods; use of antioxidants; quality of foods and supplements and proper amounts; environmental nutrition and detoxification; sports nutrition; other specialty healing programs; fasting; and integrating complete nutritional programs for optimal health and therapy.

Diploma/Certificate of Completion: Federally Trademarked as a Certified Nutritionist Consultant (CNC)™. Upon completion of the Certified Clinical Nutrition Program, you will be awarded a Diploma, Certificate of completion as a **Federally Trademarked Certified Nutritionist Consultant (CNC)™.**

Our nutrition program is one of the strongest in the world, including several of the premier nutrition instructors in the country: our NHI director Steve Schechter, N.P., H.H.P., and several other special teachers who are nationally recognized as highly experienced teachers and practitioners. This program includes a 350+ page ***original*** book on nutrition available only to our students and many original articles. ***All of this information is unique, original, proprietary, and is being made available only to our students.***

Clinical Nutritionist Program Time Allotted: Six (6) months with optional extensions if needed for a small fee. ***All distance learning programs are self-paced***. *It is possible to complete the program in less time than the allotted (6) months.*

LESSON:	Class Titles:	Hours	Tuition
Lesson 1	DL-NT 800 Introduction to Nutrition I		
Lesson 2	DL-NT 805 Introduction to Nutrition II		
Lesson 3	DL-NT 810 Major Dietary Systems		
Lesson 4	DL-NT 815 Vitamins and Minerals		
Lesson 5	DL-NT 820 Nutrient-Dense Super Foods		
Lesson 6	DL-NT 825 Antioxidants		
Lesson 7	DL-NT 830 Environmental Nutrition & Detoxification		
Lesson 8	DL-NT 835 Fasting		
Lesson 9	DL-NT 855 Legally Conducting a Health Consultation/Supervised Practicum		
Lesson 10	DL-NT 865 Final Project/Report/Research		
	TOTAL TUITION	**300**	**$1,975.00**

LESSON DESCRIPTIONS:

DL-NT 800 Introduction to Nutrition Lesson 1 The lesson will review the importance of nutrition in daily health and a health promoting lifestyle. You will learn about healthy and unhealthy proteins, carbohydrates, fats and oils; the effects of each macro-nutrient and its impact on organs and glands; and amounts optimally required for prevention or treatment of many common health concerns and lifestyle considerations.

DL-NT 805 Introduction to Nutrition Lesson 2

A continuation of NT 101.

DL-NT 810 Major Dietary Systems Lesson 3

The lesson will review all the major Eastern and Western dietary systems, including: macrobiotics, zone diet, Oriental nutrition, Ayurvedic nutrition, vegetarian, vegan, lacto-ovo vegetarian, consumption of fish and seafood, lean high-quality poultry & meat, raw foods, food combining, etc. You will learn about the pros and cons of each system and how to individualize a therapeutic dietary program or a preventive dietary program.

DL-NT 815 Vitamins and Minerals Lesson 4

The lesson will review each of the major vitamins and minerals and the optimal preventive and optimal therapeutic dosages of every major vitamin and mineral and the best form of each vitamin or mineral.

DL-NT 820 Nutrient-Dense Super Foods Lesson 5

You will learn about the therapeutic use of more than 30 nutrient-dense super foods. The lesson will review advantages and disadvantages of each nutrient-dense super food, when to use it for prevention or for therapy. This lesson will also review optional uses of glandular extracts, how to monitor quality and when they should and should not be used and correct preventive or therapeutic dosages.

DL-NT 825 Antioxidants Lesson 6

You will learn about anti-oxidants, including correct dosages and correct applications for prevention or treatment. There will be discussion of food based phyto-nutrients and correct applications and dosages for either prevention or therapy and an examination of each specific common whole food and how it affects different organs, glands and other systems.

DL-NT 830 Environmental Nutrition and Detoxification Lesson 7

The lesson will cover specific foods, supplements, herbs, and other natural remedies well documented by scientific research to support healthy living in an unhealthy world. You will learn natural remedies documented to boost immunity, detoxify from chemical pollutants, radiation, x-rays, pharmaceuticals, alcohol, tobacco, and drugs; and remedies well documented to generate optimal radiant health. You will learn how to *individualize* a detox program and will have the option to experience a supervised one yourself.

DL-NT 835 Fasting Lesson 8

This lesson will cover specific fasts for each specific organ and gland. There will be a review of "Fasting with the seasons" - fasts appropriate for each season of the year and environmental considerations.

DL-NT 855 Legally Conducting a Health Consultation/Supervised Practicum Lesson 9

This course teaches City, State, and Federal laws governing massage therapies, nutrition, herbology, holistic health practitioner, and naturopathy. Learn how to find the laws that regulate you, with emphasis on staying within compliance, as well as where laws and licensing do and do not exist; this includes what you legally can and cannot say and do. This program also teaches ethics issues such as creating healthy and professional boundaries, preventing and dealing with inappropriate advances, dealing with transference, and understanding and preventing counter-transference. The student learns important ethical concerns regarding transformation, spirituality & holistic health, sexuality and the therapist. You will practice integrating and individualizing complete nutritional programs for prevention and treatment as mock (or sample) consultations.

DL-NT 865 Final Project/Report/Research Lesson 10

Instead of a final exam, students are required to submit a major final project/report/research project. This will be reviewed and graded by two or more instructors, and students will be asked to make any requested changes or additions.

CERTIFIED CLINICAL MASTER HERBALIST (CCMH)™
300 CREDIT HOUR PROGRAM

"Herbs are nature's naturally concentrated pharmaceuticals that work simultaneously on physical, emotional, and energetic levels – nature's green holistic pharmacy." Steve Schechter, NP, HHP

Historically, there are more books written on herbal medicine than any other subject. Herbs have always been the primary avenue of both prevention and treatment in humans and other animals.
This course trains you in the use of Clinical Herbology for personal growth and/or for the professional benefit of others. ***This course qualifies you to become a Certified Clinical Master Herbalist* (CCMH)™,** which is **Federally Trademarked.**

Clinical Herbology can be practiced alone or in conjunction with the Holistic Health Practitioner, Naturopathy Practitioner Certificates or License or other therapeutic practices. Those in the fields of medicine, chiropractic, nursing, acupuncture, physical therapy, dentistry, massage, counseling and other healing arts use Clinical Herbology in their existing practices.

You will learn how to purchase quality herbs and herbal products, proper storage, and correct methods of preparation. More than 300 Eastern and Western herbs will be presented, including describing the traditional folk uses of each herb plus modern scientific research documenting their therapeutic effectiveness and safety, and any potential side effects, contraindications, or drug interactions. You will learn how to make teas, salves, balms, tinctures, *balanced and individualized herbal formulas* and other preparations. You will learn the energetics of each herb and how it affects specific systems in the body, along with proper adult and child dosages. Highly effective methods of herbal medicine - combining the clinical and scientific with the traditional holistic and energetic approach - will be fully integrated into a system of making *balanced and individualized herb formulas*. Learn the way of herbs for self-help and clinical herbology for professional practice. Herbs for cleansing, building, and balancing organs, glands, blood, lymph, muscles, nerves, emotions, and other energy systems; herbs for common symptoms; energy tonics; herbal first aid, salves, and compresses; developing your herbal intuition; and much more. The advanced training portion of this program includes Formula Making, Chinese Herbs & Formulas ***and much, much more*.**

Our herbal program is one of the strongest in the world, including four of the premier herb instructors in the country. Our NHI director, Steve Schechter, N.P., H.H.P., Alison Reid-Bretell, L.Ac., David Wolfson, N.D., and Patti Weller, H.H.P., C.N.C., C.C.M.H., are nationally respected as highly experienced teachers and ***active*** health practitioners.

The Clinical Master Herbalist Distance Learning Course includes a unique book on using a wide variety of herbs for making formulas for each part of the body and common health problems associated with each part of the body written by Steve Schechter; a compilation of many articles on herbal medicine published in national health magazines written by Steve Schechter, N.P., H.H.P.; a 500+ page comprehensive, in-depth manual for training and developing a Clinical Master Herbalist written by Steve Schechter; and additional training materials and information prepared by our expert, renowned and extremely qualified NHI staff. **All of this information is unique, original, proprietary, and is being made available only to our students.**
Diploma/Certificate of Completion:* Federally Trademarked as a *Certified Clinical Master Herbalist (CCMH)™. Upon completion of the 300 Hour Certified Clinical Master Herbology training, you will be awarded a Diploma, Certificate of completion as a **Federally Trademarked as a *Certified Clinical Master Herbalist (CCMH)™***. As a certified Clinical Master Herbalist, you are also eligible to join the American Herbalist Guild (AHG) which is composed of professional "medical herbalists" and/or American Herb Association, which are optional additional credentials.

Clinical Master Herbalist Program Time Allotted: Six (6) months with optional extensions if needed for a small fee. ***All distance learning programs are self-paced***. *It is possible to complete the program in less time than the allotted (6) months.*

Lesson #:	Class Titles:	Hours	Tuition
Lesson 1	DL-HB 500 Introduction to Herbology I		
Lesson 2	DL-HB 505 Introduction to Herbology II		
Lesson 3	DL-HB 510 Herbal Medicine Making		
Lesson 4	DL-HB 515 Eastern and Western Herbs Intermediate I		
Lesson 5	Eastern and Western Herbs Intermediate II		
Lesson 6	Eastern and Western Herbs Intermediate III		
Lesson 7	Eastern and Western Herbs Intermediate IV		
Lesson 8 / 9	DL-HB 535 Advanced Herbology & Developing Individualized Formulas		
Lesson 10	DL-HB 855 How to Legally Conduct a Health Consultation		
Lesson 11	DL-HB 545 Final Project/Report/Research		
	TOTAL TUITION:	**300**	**$1,975.00**

DL-HB 500 Introductory Herbology I Lesson 1 & DL-HB 505 Introductory Herbology Lesson 2

Learn guidelines for purchasing quality herbs; storage guidelines; preparation and use of herbs in different delivery forms, including capsules, infusions, decoctions, tinctures, compresses, salves and baths. You will learn effective and safe adult and children's dosages, guidelines for identifying therapeutic actions of herbs by their taste and texture and guidelines for developing your intuitive/listening capacities. The 20 most popular herbs for the new millennium will be presented.

DL-HB 510 Herbal Medicine Making Lesson 3

This lesson will give you hands-on experience in preparing herbal remedies. Students learn processing techniques for making herbal infusions, decoctions, therapeutic herbal oils, salves, balms, poultices, and much more. All aspects from collecting and drying herbs to preservation and storage will be covered.

DL-HB 515 Eastern and Western Herbs Intermediate I Lesson 4

In DL-HB 515-530, each lesson will present the therapeutic uses of more than 60 herbs that are commonly available at health food stores or through catalogues. The courses will cover traditional folk uses of each herb, plus modern scientific research documenting effectiveness and safety. You will learn the primary clinical uses for prevention and self-help; a full understanding of the energetics of the herb, how it affects specific systems in the body, which delivery forms for the herbs are most effective, and appropriate adult and child dosages.

DL-HB 520, 525, 530 Eastern and Western Herbs Intermediate II Lesson 5, 6, 7 ~ See DL-HB 515.

DL-HB 535 Advanced Herbology - Developing Individualized Formulas & Systems Approach Lesson 8 & 9

This lesson will give a history of herbology and different systems of holistic thinking: European/folk, Oriental, Ayurvedic, Hebrew, Christian, Pythagorean, Native American, United States, Scientific, Biochemical, Buckminster Fuller, Intuitive, Clinical/Medical Herbology systems. You will learn a highly effective, integrated method of herbal medicine developed by NHI Director Steve Schechter. Schechter integrates the above systems with different philosophical, mystical, spiritual, and religious approaches into an eclectic yet integrated, non-dogmatic yet organized “triangle” approach for designing herbal formulas individualized for each person’s unique constitution. Schechter combines the clinical and scientific method with traditional and holistic approaches into a uniquely comprehensive and easy-to-learn system of designing effective, safe, and individualized herbal formulas.

DL-HB 855 Legally Conducting a Health Consultation/Supervised Practicum Lesson 10

This course teaches City, State, and Federal laws governing massage therapies, nutrition, herbology, holistic health practitioner, and naturopathy. Learn how to find the laws that regulate you, with emphasis on staying within compliance, as well as where laws and licensing do and do not exist; this includes what you legally can and cannot say and do. This program also teaches ethics issues such as creating healthy and professional boundaries, preventing and dealing with inappropriate advances, dealing with transference, and understanding and preventing counter-transference. The student learns important ethical concerns regarding transformation, spirituality & holistic health, sexuality and the therapist. You will practice integrating and individualizing complete herbal programs for prevention and treatment as mock (or sample) consultations.

DL-HB 545 Final Project/Report/Research Lesson 11

Instead of a final exam, students are required to submit a final project/report/research project. This will be reviewed and graded by two or more instructors, and students will be asked to make any requested changes or additions.

CERTIFIED/LICENSED HOLISTIC HEALTH PRACTITIONER PROGRAM (HHP)
1000 CREDIT HOUR PROGRAM

The Holistic Health Practitioner (H.H.P.) Program is a full combination of our Clinical Nutrition and Clinical Master Herbology Programs, plus additional training in Health Sciences, Lab Tests, Clinical Health Analysis, Business & Marketing, Aromatherapy or Massage Module, Legally Conducting a Health Consultation, Practicum and Case Studies, and in-depth HHP Preparatory training. For instance, if you are enrolling in the Clinical Nutrition Program, you can later on transfer to the HHP Program by adding Clinical Master Herbology and all the other areas of the HHP Program to qualify you for a diploma/certificate of completion as a Holistic Health Practitioner (HHP). In addition, the H.H.P. Program provides holistic treatment programs for more than 300 ailments, health analysis tests you can use on yourself, family, friends, and your clients, the latest research on the most common diseases, guidelines for using comprehensive health questionnaires, two sample medical releases, and much, much more. ***Completion of the H.H.P. Program also qualifies you to receive the Certified Nutritionist Consultant (CNC)™, Certified Clinical Master Herbalist (CCMH)™ Diplomas, and usually Certified Clinical Master Aromatherapist (CCMA)™ Certificates of completion and transcripts in addition to your H.H.P.***

This program teaches you how to integrate different natural healing (naturopathic) therapies into appropriate health programs. The emphasis will be learning dynamic health counseling skills and how to *individualize* a holistic health program appropriate for the client's unique needs. Through focused activity with intention—*such as* nutrition, herbology, exercise, relaxation, aromatherapy or massage, counseling, prayer, meditation—the body, emotions and spirit are healed. *Deep, long term healing occurs when concerns are integratively and holistically addressed—physically, emotionally, intellectually, and spiritually.* Please note, NHI is non-dogmatic, does not promote any one nutritional, health, religious or spiritual path, and *respects individual choice.*

Licensure, diploma/certificate of completion: Holistic Health Practitioner (H.H.P.). Upon completion of this program, a Diploma, Certificate is awarded which fulfills the requirement by the City of Encinitas for licensing as a Holistic Health Practitioner (HHP). The program fulfills the requirement by the City of Encinitas that the applicant completed a 1,000 hour Holistic Health Practitioner program at a nationally accredited school. This program also leads to licensure in San Diego and many other cities, municipalities, and counties in California which have a Holistic Health Practitioner License that requires 1,000 hours of training. You are not required to be a resident of California to hold an Encinitas or San Diego license for Holistic Health Practitioner. The cities of Encinitas and San Diego do not require an examination in connection with Holistic Health Practitioner licensing. Licensing fees are quite minimal. Refer to FAQ's or call the Administrative Office for full details. No matter where you practice in the world, you can advertise yourself as having graduated from a nationally accredited school and being licensed to practice in southern California.

Holistic Health Practitioner Time Allotted: Eighteen (18) months with optional extensions if needed. ***All distance learning programs are done at your own pace.*** It is possible to complete them in less time. In order to guarantee that

Lesson #:	Class Titles:	Hours	Tuition
Lesson 1 - 10	CN See Clinical Nutrition Program for Breakdown	300	
Lesson 11-20	CCMH See Clinical Master Herbology Program for Breakdown	300	
Lesson 21	DL-HHP 2000 Anatomy	40	
Lesson 22	DL-HHP 2005 Physiology	60	
Lesson 23	DL-HHP 2010 Pathology	40	
Lesson 24	DL-HHP 2025 Business Marketing Practices	32	
Lesson 25	DL-HHP 2030 Ethics & Legally Conducting a Health Consultation	32	
Lesson 26	Electives: *(Lesson 26a or 26b can be taken anytime)* Option 26a: MT 101 Massage Technician **OR** Option 26b: DLA 2035 Aromatherapy	100 *	
Lesson 27	DL-HHP 2050 Final Project/Report/Research	96	
	TOTAL	**1000**	**$6,500.00**

CN Clinical Nutrition Program Lesson 1 – 10
See Clinical Nutrition syllabus.

CMH Clinical Master Herbology Program Lesson 11 – 20
See Clinical Master Herbology syllabus.

DL-HHP 2000 Anatomy Lesson 21
This course includes anatomy of the body, especially of muscles, nerves, muscle function, nerve innervation and palpation skills to assist in locating tension. Other areas of anatomy will also be emphasized, including Bio-mechanical and joint movement (Kinesiology).

DL-HHP 2005 Physiology Lesson 22 This course provides a basic understanding of how the human body functions. Each different body system (digestive system, nervous system, immune system, etc.,) will be presented. Emphasis is on normal physiological
(i.e., not pathological) function.

DL-HHP 2010 Pathology Lesson 23
Understanding the mechanisms of health disorders that affect your clients is critical to insure the best possible care. Expand your knowledge of internal health and how it applies exclusively to your type of work. Learn about pathology and how to conduct effective health consultations and therapies.

DL-HHP 2025 Business & Marketing Practices Lesson 24
Acquiring, cultivating and retaining your client base are essential components to having a successful, professional practice. Begin and develop a successful, efficient private consulting and therapy practice. You will learn both traditional and contemporary strategies for marketing, promoting, and managing your business. Create a practice that sets you apart from your competition resulting in long term success and growth. You will explore ways to develop a practice, including: marketing, business promotion, client referrals, networking, advertising, and other advanced successful business practices. You will have opportunities to practice and role model.

DL-HHP 2030 Ethics & Legally Conducting a Health Consultation Lesson 25
This course teaches City, State, and Federal laws governing massage therapies, nutrition, herbology, holistic health practitioner, and naturopathy. Learn how to find the laws that regulate you, with emphasis on staying within compliance, as well as where laws and licensing do and do not exist; this includes what you legally can and cannot say and do. This program also teaches ethics issues such as creating healthy and professional boundaries, preventing and dealing with inappropriate advances, dealing with transference, and understanding and preventing counter-transference. The student learns important ethical concerns regarding transformation, spirituality & holistic health, sexuality and the therapist.

ELECTIVE #1: Massage Technician Certificate Program
Taken residentially, on-site at our school location or comparable on-site, residential massage training at another state-licensed school in your area and then transferred to NHI.
Following is a course description:

Note: Should you elect to take the Massage Technician Elective (Lesson 26-A) at NHI instead of 26-B, there will be an additional surcharge in tuition amounting to the NHI residential Massage Technician training – which is deeply discounted to $875.00 Plus, there would be a surcharge of Massage Technician books and massage supplies totaling $38.00 plus tax.

Note: *Should you elect to take the 200 hour Aromatherapy Elective (Lesson 26-B) via Distance Learning instead of 26-A, there will be no additional surcharge in tuition. There would be a surcharge for the additional book, and shipping currently totaling $37.99 plus tax.
Please note – fees listed above apply *only* if you are enrolled in this complete Holistic Health Practitioner Program.

Optional Elective # 1: MASSAGE TECHNICIAN CERTIFICATE PROGRAM (MT 101)
100 CREDIT HOUR PROGRAM

"We Teach Your Hands To Do Your Hearts Work"™ Steve

The 100 hr. Massage Technician program – currently known as "Dynamic Healing Touch Massage™" and formerly known as "Healing Touch Massage,"™ is the foundational bodywork class for the NHI. It's described as an integrative circulatory massage which has the primary techniques of classical Swedish massage and the elements of other popular massage modalities. Developed by the senior faculty of NHI, the program is designed to provide a relaxing, rejuvenating and professional massage experience for clients while providing the practitioner a strong understanding of the benefits and contraindications of massage, correct body mechanics, Anatomy, Physiology, Kinesiology, and Hygiene. This program provides practitioners the insight of understanding client medical history in-take forms, the use of SOAP notes, and communication strategies. During the 100 hr. program, students will be taught efficient and professional draping techniques and how to prepare for working in any massage setting. Students will have hands- on practice under the close supervision of one of the most experienced, knowledgeable and multidisciplinary massage staffs in the country! Students will also have the unique option of being a part of NHI's student mentorship program which further enhances proficiency and confidence of the student plus knowledge of the profession.

Our Massage Technician program teaches you our widely acclaimed "Dynamic Healing Touch Massage™", maximum sensitivity, and generation of your energy through properly aligned body motion, control and body mechanics. In addition, students will get an introduction to other popular and important massage and bodywork modalities, including Lomi-Lomi, Thai Medical Massage, Sports Massage, Deep Tissue, and Energetic-Vibrational Therapies.

Primary instructors:

Steve Schechter, N.P, H.H.P., exclusively developed the "Healing Touch Massage"™ from 1966 to Current. Our "Healing Touch Massage"™ is soothing, rejuvenating, relaxing and healing to the nerves, muscles and the circulatory system. It integrates techniques from Swedish massage that improve circulation with the more nurturing style of Esalen massage plus may of Steve's further stroke developments and refinements. He began teaching Massage Therapies (then subsequently Nutrition, Herbology, Aromatherapy, and other Holistic Healing Arts) in 1969 – **longer than any other school director in the country.** Steve has taught more than 5,000 licensed massage therapists practicing across the country.

In 2012, Steve collaborated with Keoni Salgado, H.H.P., M.T., Erhard Rohrmuller H.H.P., Ashley Anderson, H.H.P., and Kris Harris, H.H.P., L.M.T. to integrate their extensive expertise (see their bios) into now a further comprehensive "Dynamic Healing Touch Massage"™

Certificate of Completion: Massage Technician.
Upon completion of our program, a certificate of completion is awarded, which meets the standards for obtaining a Massage Technician license in some cities or jurisdictions outside of California.

To accommodate our out-of-town students who wish to take this Optional Elective, the Massage Technician Program Optional Elective is offered in an Accelerated (10 consecutive days) training. See our current schedule or call the NHI office for details.

NOTE: Most students choose to take the Certified Master Aromatherapist (CCMA)™ Elective described on the next page. We give you your choice!

TOTAL PROGRAM TUITION: $875.00

ELECTIVE #2: Certified Clinical Master Aromatherapist (CCMA)™ Certificate Program

Aromatherapy is the art and science of healing with essential oils. The plant's vital essences offer different fields of application suitable for daily life. Learn and appreciate the delicate, subtle powers of plants in all forms, joining herbalism with aromatherapy. Following is a partial list of subjects covered: aromatherapy and the use of natural essences for health concerns and common ailments. You will blend together the art and science of reviving ancient Healing Traditions – flower essences, aromatherapy oils, and other therapies. The in-depth training provides scientific information while encouraging intuitive knowledge. The program incorporates theoretical and practical information of fragrant plants in all forms, joining herbalism with aromatherapy. Following is a partial list of subjects covered: Essentials oils – what they are/how they work, contraindications & the safe practice of aromatherapy, botanical families of fragrant plants, using herbs & essential oils together, psychology of scent/perfume blending, and ceremonial & esoteric uses of essential oils. Other topics covered are massage, bath therapy & specialized skin care practices, essential oils & the culinary arts, Materia Medica - properties of essential oils, sampling rare essential oils & unique absolutes, creating personal, perfume & therapeutic blends, making herbal preparations, sampling herb & aromatherapy culinary delights, and making lotions, bath salts, massage oils & more.

Note: Should you elect to take the 200 hour **Certified Clinical Master Aromatherapist (CCMA)™** Elective (Lesson 26-B) via Distance Learning instead of 26-A, there will be no additional surcharge in tuition. There would be a surcharge for the additional book, more than 150 pages in extensive and practical handouts, currently totaling $37.99 plus shipping.

DL-HB 545 Final Project/Report/Research Lesson 27
Instead of a final exam, students are required to submit an HHP final project/report/case histories. This will be reviewed and graded by two or more instructors, and students will be asked to make any requested changes or additions.

Important Note: Lesson 26-A or 26-B are electives. Our H.H.P. Program requires that you take either one.
Once you choose which elective you wish to take, you can complete it at any time during the sequence of lessons.

Some of the cities that license H.H.P.s, such as Encinitas and San Diego, require that students take 100 hours of massage. Other students might choose Aromatherapy if they are not subject to a 100 hour massage requirement.

NATUROPATHIC PRACTIONER CERTIFICATE PROGRAM (N.P. & H.H.P.)
DISTANCE LEARNING 4,100 CREDIT HOUR PROGRAM

This Program is designed to train you in the use of Naturopathy for self-help, personal growth and for the benefit of others ***through a successful and increasingly popular career.*** *These classes qualify you to become a* ***Certified Naturopathic Practitioner (N.P.).***

Naturopathy can be practiced alone, or in conjunction with the Holistic Health Practitioner License/Certification, or other therapeutic practices. Those in the fields of medicine, nursing, chiropractic, physical therapy, dentistry, massage, acupuncture, counseling and other healing arts use clinical Naturopathy in their existing practices.

Naturopaths use natural therapies (*naturo*) to treat pathology or diseases and dysfunctions (*pathy* = pathology abbreviated). Naturopathy helps the body, emotions, mind, and spirit to heal itself by re-establishing balance where there is imbalance.

Naturopathic origins are usually attributed to Hippocrates who, 2000 years ago, taught that the key to good health was to live as naturally and as moderately as possible. He approached healing with "let-the-body-heal-itself" principles.

Others believe that its origin is as old as the human race: that it came into being with the first human who covered an injured leg with a leaf that soothed it; or chewed a root to dull pain; or eased an aching foot in water; or observed and then practiced the innate wisdom of injured animals; or spontaneously prayed, meditated, or practiced positive visualization.

Whether it is nutrition, herbs, hydrotherapy, counseling, aromatherapy, energetic and vibrational healing, massage therapies, prayer or meditation, or any other natural healing modality, naturopathy's essential work is to establish the cause of a breakdown and then alleviate rather than suppress the symptoms while at the same time empowering the client to be in charge of his or her health via addressing the underlying constitution and cause(s). This becomes true self-determination, holistically.

This program teaches you how to integrate different natural healing (naturopathic) therapies into appropriate health programs. The emphasis will be learning dynamic health counseling skills and how to *individualize* naturopathic and holistic health therapy techniques appropriate for the client's unique needs.

Emphasis is both for therapy and prevention as well as generating optimal health, vitality, and wellness. This course trains you in complementary medicine, alternative medicine, traditional naturopathy, modern progressive naturopathic medicine, and other natural healing approaches both for self-help or

self-healing with personal growth and to develop a successful, professional career and practice. *Deep, long term therapy and healing occurs when concerns are integrated and holistically addressed—physically, emotionally, intellectually, and spiritually.*

Training includes your self-directed selections from clinical nutrition, clinical master herbology, relaxation and rejuvenation, clinical master aromatherapy, water sound color & light therapies, health analysis and assessments, health sciences, and other traditional and cutting edge natural therapies. Plus, classes in focused activity with intention—*such as* emotional, psychological, soul and spirit or spiritual counseling, prayer, meditation, and visualization to empower body-mind healing.

Please note: NHI is non-dogmatic; the college does not promote any single nutritional, religious, spiritual, or health path, and *respects individual choice.*

We are now making available our audio files of *all* of our excellent Residential trainings, classes, and programs for the last four years that relate to the program you are enrolling in!! Listening to some or all of them is your option -- not a requirement. Since the Residential NP Program includes *all classes* offered here, that means you also have access to all the classes here the last four years *at no extra charge.*

Note: Inclusion of the audio tapes is a highly significant value addition at no extra charge! This inclusion equates to being present in the classroom with a very significant savings of time, tuition, travel and convenience expense. Plus, you get to hear the spontaneous questions and answers!

Additionally, your Naturopathic Practitioner (N.P.) Certification includes your Holistic Health Practitioner (H.H.P.) Diploma/Certification with option to apply for Licensing, plus Certifications from the other NHI Distance Learning Programs that you already completed, including: Certified Clinical Nutritionist Consultant (CNC) ™, Certified Clinical Master Herbalist (CCMH) ™, and Certified Clinical Master Aromatherapist (CCMA)™.

The Naturopathy Program (N.P.) includes modules on Super Foods, Sports Nutrition, Sports Herbs, Ayurvedic Medicine, Traditional Asian Medicine (TAM), Homeopathy, Water Healing and Hydrotherapy, Earth Medicine + Medicinal Clay, Home Remedies, Energetic and Vibrational Healing, Light and Color Therapy/Medicine, Herbal Medicine Making, Sound Therapy, Color Therapy, Business and Marketing, Hormones and Endocrinology, Counseling Skills, Ethics, Anatomy, Physiology, Pathology, Clinical Health Analysis, Understanding Lab Tests, Using Sample Health Consultation Forms and other Forms Including Disclosures and Releases, and Other Advanced Naturopathic practices.

In order to guarantee that you have a well-rounded Naturopathy training, we provide the above described programs, classes, and modules. *You will receive comprehensive, truly holistic naturopathic health training!*

Note: If there are any required classes that you feel strongly opposed to taking, you are welcome to speak with our NHI Admissions Director or the NHI Director about a possible "place-out".

The Naturopathic Practitioner Program provides 4,100 total Credit Hours, including practicums-client case studies, which can also be a source of income, thus enabling you to ***"Earn As You Learn."***

Certificate of Completion and License: **Holistic Health Practitioner (H.H.P. & N.P.).** After completing 1,000 hours of Naturopathy training, including the required classes for the Holistic Health Practitioner (HHP) Program, ***you will qualify to be a Licensed/Certified Holistic Health Practitioner (HHP).*** (The practicum* is described below the total Program cost). Upon completion of the Holistic Health Practitioner (HHP) Program within the Naturopathic Practitioner Program (NP), a Certificate of Completion is awarded which fulfills the requirement by the Cities of San Diego and Encinitas for Licensing as a Holistic Health Practitioner. There are many other municipalities and counties in California (including San Diego) that have a Holistic Health Practitioner License which requires 1,000 hours of training. The City of Encinitas does not require an examination or License fee in connection with Holistic Health Practitioner (HHP) Licensing.

Certificate of Completion: Naturopathic Practitioner. Upon completion of the Naturopathic Practitioner Program (NP), you will be awarded a Certificate, Diploma of Completion as a **Certified Naturopathic Practitioner (N.P.).**

Important Note: ***Senate Bill SB577, which was signed into law January 2003, significantly liberalizes the clinical scope of "complementary, integrative, and alternative medicine -- including for Naturopaths, Holistic Health Practitioners, Nutritionists, Herbalists, and Aromatherapists!!"***

Suggested Time Frame Of Completion: *Approximately* two years. *Please note: you go at your own pace!!* Some people complete in less than one year, others take three or four years.

NATUROPATHIC PRACTIONER CERTIFICATE PROGRAM (N.P. + H.H.P.)
DISTANCE LEARNING Tuition Cost: Normally $22,000.00 now Discounted to $9,999.00.

Graduation from any of our programs does not qualify you as a licensed medical doctor (M.D.). You cannot diagnose, prescribe, treat symptoms, defect, injury, or disease pursuant to California Business and Professional Code 2052.

You can definitely do health counseling or therapies as a health practitioner or therapist. Graduation from this program does not qualify someone to become a licensed Naturopathic Doctor (N.D.). Our use of the word "clinical" refers to working in a clinical environment and does not imply being a licensed medical doctor or practicing medicine. Please call us should you have questions.

Again, Senate Bill SB577, which was signed into law January 2003, significantly liberalizes the clinical scope of "complementary, integrative, and alternative medicine -- including for Naturopaths, Holistic Health Practitioners, Nutritionists, Herbalists, and Aromatherapists!!"

*The Naturopathy practicum is conducted similar to earning practicum hours while in training for a social worker or marriage family therapist. While in training to be a Naturopath, and after you have completed one or more of the four subset programs (HHP or CNC or CCMH or CCMA), you qualify to work for yourself or another licensed therapist for pay—such as for a Medical Doctor, M.D., Chiropractor, D.C., Physical Therapist, P.T., Acupuncturist, L.Ac., etc.—and receive credit hours for

your health consultations/case histories/practicum work. You will fill out NHI evaluation forms to assist us in monitoring your progress and in guiding/helping you fulfill your educational goals. If you are working with another therapist during any part of your practicum, we also have NHI evaluation forms for the therapist to fill out to even further assist you with informative and constructive feedback.

You also have the "*option,*" yes option not a requirement, of coming for a two-day weekend seminar in Encinitas, California (America's most beautiful and health conscious, coastal town just north of San Diego which is hailed as America's most beautiful city) to practice presenting your health consultations/practicums/case histories and most importantly practice being a health therapist conducting an effective health consultation. During this weekend seminar of the practicum aspect, each extern will be encouraged (not required) to present at least one client history describing specifically the forms of therapy that were used or educationally discussed (as in nutrition and herbology). Each extern is also expected to present the client history and discuss an educational, self-healing program regarding natural therapies. This optional weekend seminar on presenting case histories is led by Steve Schechter, N.P., H.H.P., the nationally renowned NHI Founder and Director who has been a practicing health therapist since 1967.

IMPORTANT NOTES REGARDING PROGRAM DEADLINES & EXTENSIONS

Important Note Regarding Extensions:
These programs are designed so that you can easily finish in the recommended time or less. Extensions have been incorporated to be flexible. If someone has an unexpected delay, they can still finish. Our goal is to assist you in both self-help and generating a fulfilling new career.

Distance Learning Certified Nutritionist Consultant (CNC)™, Certified Clinical Master Herbalist (CCMH)™, and Certified Clinical Master Aromatherapist (CCMA)™= All tests and Final Project are due 6 months **or less** from the date of receipt or date books received. If an extension is required, please contact the administration office. The fee for an extension is: $50 for the first 6 months and $100 for each subsequent 6 months. Students are permitted four (**4**) six-month extensions, after which they will have to retake the entire program at a discounted rate of 25% off. Thus, you have 2.5 years total **or less** to complete the program before having to re-enroll.

Distance Learning Holistic Health Practitioner (HHP) = All tests and Final Project are due 18 months **or less** from the date of receipt or date books received. If an extension is required, please contact the administration office. The

fee for an extension is: $50 for the first 6 months and $100 for each subsequent 6 months. Students are permitted six (**6**) extensions of six (6) months each, totaling three years of extensions, after which they will have to retake the entire program at a discounted rate of 25% off. Thus, you have 4.5 years total **or less** to complete the program before having to re-enroll.

Distance Learning Naturopathic Practitioner (NP)™ = All tests and Final Project are due 2.0 years (24 months) **or less** from the date of receipt or date books received. If an extension is required, please contact the administration office. The fee for an extension is: $50 for the first 6 months and $100 for each subsequent 6 months. Students are permitted six (**6**) extensions of six (6) months each, totaling three years of extensions, after which they will have to retake the entire program at a discounted rate of 25% off. Thus, you have 5.0 years total **or less** to complete the program before having to re-enroll.

CERTIFIED CLINICAL MASTER AROMATHERAPIST (CCMA)™ -- 200 CREDIT HOUR PROGRAM

"More than anything, I must have the smell of flowers, always, always." Claude Monet

"The amen of nature is always the smell of flowers." Oliver Wendell Holmes

"Bread feeds the body, but the smell of flowers feeds the soul." The Koran

Aromatherapy is the art and science of healing with essential oils. Essential oils (E.O.'s) are called the life blood of a plant. In fact, essential oils are not the only therapeutic constituent of a plant, but certainly they are a very vital constituent or vital essence.

The plant's vital essences offer different fields of application suitable for daily life. Learn and appreciate the profound holistic powers of plants in all forms.

Learn aromatherapy and the use of natural essences for health concerns and common ailments. You will integrate the art and science of reviving ancient healing traditions – aromatherapy oils, therapeutic hydrosols, flower essences, plus other therapies. The in-depth training provides scientific information while encouraging intuitive knowledge. The program incorporates traditional and practical information along with current research on essential oils and fragrant plants in all forms that have been shown to effect people holistically -- physically, emotionally, intellectually, energetically, and spiritual-religious concerns.

Following is a *partial* list of subjects covered: Essentials oils – what they are/how they work, contraindications & the safe practice of aromatherapy, using herbs & essential oils together, psychology of scent, blending, ceremonial & esoteric uses of essential oils, Materia Medica - properties of essential oils, creating personal and professional therapeutic blends, making combination essential oils-herbal preparations, conducting professional Aromatherapy health consultations, professional Aromatherapy health consultation forms, sampling herb & aromatherapy culinary delights, and botanical families of fragrant plants. Other topics covered are essential oils combined with massage, bath therapy & specialized skin care practices including for lymph, essential oils & the culinary arts, sampling rare essential oils and unique absolutes, hydrosols-pure therapeutic E.O. waters, and making lotions, bath salts, massage oils; Ayurveda doshas, essential oils, carrier oils; providing many NHI Aromatherapy handouts and monographs, and much more.

Note: NHI had the first State-Approved Aromatherapy Program in the U.S. Our Aromatherapy Program remains the most respected, most in-depth and broadly comprehensive! Our instructors on all our audios are nationally renowned!

Following is a *partial* list of subjects covered:		
Essential Oils (E.O.'s) — what they are/how they work		
Contraindications & the safe practice of aromatherapy		
Conducting 10 professional aromatherapy health consultations - Case Studies		
Using herbs & essential oils together		
Psychology of scent		
MuchBlending of Essential Oils for each system of the body		
E.O.'s for a wide variety of emotional concerns		
E.O.'s for a wide variety of energetic, spiritual, & religious concerns		
E.O.'s for immune and lymph concerns		
Making combination essential oils-herbal preparations		
Professional aromatherapy health consultation forms		
Ritual & esoteric uses of essential oils		
Massage, bath therapy & specialized skin care practices		
Essential oils & the culinary arts		
Materia Medica—properties of essential oils		
Sampling rare essential oils & unique absolutes		
Creating personal, perfume & therapeutic blends		
Making E.O.-herbal preparations such as salves ...		
Sampling herb & aromatherapy culinary delights		
Making lotions, bath salts, massage oils & more with E.O.'s		
Aromatherapy & energetic/vibrational healing		
Ayurveda doshas, essential oils, carrier oils, consultations		
Aromatherapy and plant spirit medicine		
Botanical families of fragrant plants		
Program	Credit Hours	DiscountedTuition
Certified Aromatherapy	200	See Below !

Certified Clinical Master Aromatherapist 200 Hour (CCMA)™ = Normally $1,995.
Now 41% off = $1,196.00 for those Living Outside Of San Diego County
Now 26% off = $1,496.00 for those Living Inside Of San Diego County

Certificate, Diploma of Completion: Upon completion of 200 Credit hours Aromatherapy training, you will be awarded a **Federally Trademark:** ***Certified Clinical Master Aromatherapist (CCMA)™ - Certificate/Diploma***. Currently there is no licensing for Aromatherapists. You can use this Program as stand-alone for Certification. You can also use this Program as the elective for part of the Holistic Health Practitioner (HHP) Program which does qualify you for a License and also as part of the Naturopathic Practitioner (N.P.) Certification program.

The object of this Program is:

- To give the student an in-depth basic knowledge and understanding of the field of aromatherapy.
- Help students to have a thorough understanding of aromatherapy to use as a career path or to incorporate into an existing professional practice
- To train students to practice safely and effectively with high ethical standards
- To teach each student the necessary skills and knowledge to effectively treat a wide range of disorders and stress related body mind problems
- To discuss how essential oils interact on physical, emotional and energetic/spiritual levels.
- Give a thorough working knowledge of the therapeutic and energetic aspects of essential oils.
- To teach students to consult with clients and formulate the appropriate, *individualized* blends.
- To educate the student about safety and hazards of essential oil use.

- To teach the students how to create a Blend and choose from a range of carrier oils
- To learn how to do an in-depth consultation and safely and effectively blend the appropriate oils needed for their case.
- Instruct students on how to create body products for personal and professional use.
- Conduct case studies
- Profiles of more than 60 essential oils
- To give each individual an in-depth knowledge of how the systems of the body interrelate with aromatherapy
- To discuss two or more common disorders associated with each body system and appropriate aromatherapy blends and treatments.

* Discuss ***Systems of the body, s***ystem disorders, and essential oil blends relating to each system. See examples: Endocrine system, disorders of the endocrine system and blends for disorders, including adrenals, fatigue, & stress. Digestion, metabolism, absorption, & utilization: Steve says, "you are what you absorb and utilize much more than what you take-in." Respiratory: olfaction, respiration, structure and function of the nose bronchials and lungs, ailments, essential oils for respiration, applications for respiratory system. The immune system, hormones, brain, nervous, and other systems and their related disorders are certainly included.

NHI Professional Aromatherapy Certification Program Includes:

A minimum of two hundred (200) hours of training and practical therapeutic experience in the fields of aromatherapy and essential oil studies and anatomy and physiology.

History and Modern Development

- Properties of essential oils within a holistic and clinical framework
- Methods of extraction
- Dilutents such as vegetable oils and other carrier bases
- Blending techniques
- Methods of application (inhalation, diffusion, topical, optional: internal)
- Safety and Aromatherapy (including dermal, respiratory and internal use)
- Consultation and client education program design
- The basics of business development
- Legal and ethical issues (including a copy of an Aromatherapist Code of Ethics for students)
- The basics of botany (specifically taxonomy)
- Organic chemistry of essential oils

The following systems to be covered in depth:

- The Respiratory System
- The Olfactory System
- The Integumentary System
- The Circulatory System
- The Reproductive System
- The Musculoskeletal System
- The Lymphatic/Immune System
- The Endocrine and Nervous System
- The Digestive System
- The Urinary System

DL PROGRAM FEES

Graduating students will be knowledgeable in the structure and function of all the major systems of the human body, together with the clinical science of at least five (5) common ailments of each system.

Exemptions Due To Approved Pre-Existing Training: Students entering an aromatherapy program with an Approved training or a degree in health related fields (e.g., nurses, massage therapists, doctors) may test out or be exempt from the anatomy and physiology section only in relation to that part of the training which goes over the structure and function of each system. Pre-existing health professionals are still required to complete training in the application of essential oils to each system and the effect of essential oils on a variety of common ailments.

Any exemption of the anatomy and physiology portion of training will only be allowed when the request for exemption is fully supported by relevant documentation.

Books are sold as non-taxable goods to all students residing outside of California. Tax on book sales will be charged to all enrolling students within California.

CERTIFIED NUTRITION COUNSELOR (CNC)™ PROGRAM – FEE SCHEDULE

***** PLEASE NOTE: Check our website for any specials or discounts available at the time of your enrollment.**

***** You can enroll and start your program with payment in full or with only 20% or more down-payment and then going on a payment plan.**

***** You can open your student account with NHI and make installment payments towards the total down payment. Once you have reached the total down payment of 20% or more, you will be enrolled, and start your program.**

Tuition Paid in Full	**$1,975.00**
NHI CNC™ The Power of Nutrient Dense Food	**49.95**
Fighting Radiation and Chemical Pollutants With Food, Herbs, and Vitamins: Documented Remedies that Boost Your Immunity & Detoxify, by Steven R. Schechter, NP, HHP	**24.95**
Staying Healthy with Nutrition	**39.99**
NHI CNC™ Nutrition Reader by Steven R. Schechter, NP, HHP	**25.00**
NHI Audio for Legally Conducting a Health Consultation	**10.00**
Student Registration (one-time charge)	**100.00**
Shipping/ Handling *(Domestic)*	**35.00**
Shippping /Handling *(International rates vary based on location)*	**TBA**
TOTAL: * SEE ABOVE *****	**$2,259.89**

CERTIFIED CLINICAL MASTER HERBALIST (CCMH)™ PROGRAM – FEE SCHEDULE

***** PLEASE NOTE: Check our website for any specials or discounts available at the time of your enrollment.**

***** You can enroll and start your program with payment in full or with only 20% or more down-payment and then going on a payment plan.**

***** You can open your student account with NHI and make installment payments towards the total down payment. Once you have reached the total down payment of 20% or more, you will be enrolled, and start your program.**

Tuition Paid in Full	**$1,975.00**
NHI CCMH™ Student Manual	**49.95**
NHI CCMH ™ Herbal Formula Making and Triangles System by Steve Schechter, NP, HHP	**35.00**
Fighting Radiation and Chemical Pollutants With Food, Herbs, and Vitamins: Documented Remedies that Boost Your Immunity & Detoxify, by Steve Schechter, NP, HHP	**24.95**
NHI CCMH ™ Herb Reader by Steve Schechter, NP, HHP	**25.00**
NHI Audio for Legally Conducting a Health Consultation	**10.00**
Student Registration (one-time fee)	**100.00**
Shipping/ Handling *(Domestic)*	**35.00**
Shippping /Handling *(International rates vary based on location)*	**TBA**
TOTAL: * SEE ABOVE *****	**$2,254.90**

CERTIFIED CLINICAL MASTER AROMATHERPIST (CCMA)™ PROGRAM – FEE SCHEDULE

***** PLEASE NOTE: Check our website for any specials or discounts available at the time of your enrollment.**

***** You can enroll and start your program with payment in full or with only 20% or more down-payment and then going on a payment plan.**

***** You can open your student account with NHI and make installment payments towards the total down payment. Once you have reached the total down payment of 20% or more, you will be enrolled, and start your program.**

Tuition Paid in Full	**$1,995.00**
Aromatherapy Books (Two)	**37.99**
Aromatherapy Hand-Outs (Many) – INCLUDED FREE	**00.00**
NHI Audio for Legally Conducting a Health Consultation	**10.00**
Student Registration (one-time fee)	**100.00**
Shipping/ Handling *(Domestic)*	**15.00**
Shippping /Handling *(International rates vary based on location)*	**TBA**
TOTAL: * SEE ABOVE *****	**$2,157.99**

CERTIFIED HOLISTIC HEALTH PRACTITIONER PROGRAM – FEE SCHEDULE

***** PLEASE NOTE: Check our website for any specials or discounts available at the time of your enrollment.**

***** You can enroll and start your program with payment in full or with only 20% or more down-payment and then going on a payment plan.**

***** You can open your student account with NHI and make installment payments towards the total down payment. Once you have reached the total down payment of 20% or more, you will be enrolled, and start your program.**

Tuition Paid in Full *(Includes CNC™, CCMH™, CCMA™, HHP)*	**$6,500.00**
NHI CNC™ - The Power of Nutrient Dense Food	**49.95**
Fighting Radiation and Chemical Pollutants With Food, Herbs, and Vitamins: Documented Remedies that Boost Your Immunity & Detoxify, by Steve Schechter, NP, HHP	**24.95**
Staying Healthy with Nutrition	**39.99**
NHI CNC™ Nutrition Reader by Steve Schechter, NP, HHP	**25.00**
NHI CCMH™ Student Manual	**49.95**
NHI CCMH ™ Herbal Formula Making and Triangles System by Steve Schechter, NP, HHP	**35.00**
NHI CCMH ™ Herb Reader by Steve Schechter, NP, HHP	**25.00**
Aromatherapy Books (2)	**37.99**
Business Mastery	**34.95**
Ethics and Holistic Forms Book	**32.95**
Anatomy & Physiology	**66.95**
Essentials of Human Diseases (Pathology)	**90.95**
NHI Audio for Legally Conducting a Health Consultation	**10.00**
Student Registration	**100.00**
Shipping/ Handling *(Domestic)*	**45.00**
Shippping /Handling *(International rates vary based on location)*	**TBA**
TOTAL: * SEE ABOVE *****	**$7,168.63**

CERTIFIED NATUROPATHIC PRACTITIONER PROGRAM – FEE SCHEDULE

***** PLEASE NOTE: Check our website for any specials or discounts available at the time of your enrollment.**

***** You can enroll and start your program with payment in full or with only 20% or more down-payment and then going on a payment plan.**

***** You can open your student account with NHI and make installment payments towards the total down payment. Once you have reached the total down payment of 20% or more, you will be enrolled, and start your program.**

Tuition Paid in Full *(Includes CNC™, CCMH™, CCMA™, **HHP, NP Program Certifications**)*	**$29,990.00**
HHP Books to be Shipped by NHI	**$523.63**
*Ten NP Books to be Purchased Directly by the Student ***	******
Student Registration	**$100.00**
Shipping/ Handling *(Domestic)*	**45.00**
Shippping /Handling *(International rates vary based on location)*	**TBA**
NHI PROGRAM TOTAL COST: * SEE ABOVE *****	**$30,568.63**

*** Amazon is generally the least expensive place to purchase additional books. You will receive a list of required reading upon enrollment. Two additional books are suggested but not required. Most students are happy to add these books to their NP library. The estimated out-of-pocket cost will be less than $200, and books can be purchased as needed for the program.*

NHI ADMISSIONS, GRADUATION, WITHDRAWALS AND ADMINISTRATION

NON-DISCRIMINATION/ENGLISH AS A SECOND LANGUAGE
NHI does not discriminate on the basis of religion, race, gender, age, sexual orientation, national or ethnic origin, etc. NHI does not offer English as a second language classes. All classes are held in English and a student must be proficient in English to understand course material. (5,CCR §71810(b)(5))

ADMISSIONS REQUIREMENTS
You must have either graduated high school or have a GED equivalent. Also, proficiency in English is needed. NHI accepts students from other countries; but, NHI does not provide Visa services. (5,CCR §71810(b)(3)(4))

COLLEGE & CLINIC FACILITIES
Residential classes are held at our college facilities. Distance Learning Lessons can be completed at your location at your pace as a self-directed learner. **All** communication is to our college/institute address, phone, e-mail, fax, etc. (CEC §94909(a)(4))

SCHOOL ADMINISTRATIVE and OFFICE HOURS
Our administrative office hours are 9:15 am to 4:45 pm Monday through Friday (PST/Pacific Standard Time). If you need assistance or additional information, please feel welcome to contact us during those hours.

DISCLAIMER REGARDING ALL PROGRAMS
Licenses in H.H.P. are issued by the city, county, or state in which you reside; Diplomas/Certificates of completion for all of our Programs are issued by NHI college. Graduation from any of our programs does not qualify you as a licensed primary health care provider—i.e. a medical doctor. You cannot diagnose, prescribe, treat symptoms, defects, injury, or disease pursuant to California Business and Professional Code 2052. You can do health counseling or therapies as a licensed or certified health practitioner or therapist. Please call us should you have questions. ***Important Note:*** Senate Bill SB577, which was signed into law January 2003, does significantly liberalize the scope of "complementary and alternative medicine" in California — such as for a Nutritionist, Herbalist, Holistic Health Practitioner, Naturopathic Practitioner, and Aromatherapist. A copy of the law is available upon request. Similar laws are currently being enacted in other states officially and/or in common practice.

HOW TO ENROLL
You may enroll on-line or download the application, complete it and send it in to our office. Payment may be made online with your Visa, MasterCard, Discover or bank draft. If you prefer to pay directly to the school, enrollments are accepted with check by mail and credit card by mail, fax, e-mail or telephone. Your materials will be sent to you promptly.

ADMISSIONS & GRADUATION REQUIREMENTS
Enrollment in NHI constitutes a commitment or intention to complete the program. NHI does not have an attendance policy for Distance Learning programs. Most students complete their program in the suggested time. The completion time for the Herbology, Nutrition, and Aromatherapy Programs is six (6) months *or less*. The recommended completion time for the Holistic Health Practitioner is eighteen (18) months *or less*. The recommended completion time for the Naturopathic Practitioner is twenty-four (24) months *or less*. Should you find it difficult to complete your program in the time indicated, you may contact NHI for time extensions. An overwhelming majority of students complete within the recommended time or less. *When adding or changing to another program, an additional $100 registration fee will be charged***.** You will graduate from our program when all academic and financial obligations have been fulfilled. Before you graduate, you must provide NHI with a copy of *any one* of the following: your high school diploma, G.E.D., college transcript *or* diploma If these are unavailable, you will be required to complete a simple entrance exam. After graduation, an official diploma/certificate of completion showing the program you have completed and a transcript will be sent.

PROGRAM EXTENSIONS

If you need additional time to complete your program(s), extensions are available. Please refer to page 18 of this catalog for details.

POLICY REGARDING STUDENT ASSIGNMENT SCHEDULES
Lessons are to be completed and assignments are required to be turned in progressively. The suggested frequency is approximately every two (2) weeks based upon completion of the previous lesson or assignment and passing of any related tests or projects. You are welcome to go at your own pace–either faster or slower.

ACCREDITATION, APPROVAL, and LICENSING
The Natural Healing Institute of Naturopathy, Inc. is a Certificate/ Diploma granting vocational college fully authorized to operate in compliance with the National American Association of Drugless Practitioners (AADP). "The AADP Certification & Accreditation Board has granted the Natural Healing Institute of Naturopathy full Board Professional Accreditation and Certification."

NHI has NEVER had a pending petition in bankruptcy and is NOT operating as a debtor in possession, has NEVER filed a petition in bankruptcy and has NEVER had a petition in bankruptcy filed against it that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code. (CEC §94909(a)(12))

NHI FACILITY AND EQUIPMENT
NHI provides an eco-friendly facility, including: classroom with windows with views, classroom free of formaldehyde, benzenes, and other toxins; classroom has power point, slide and overhead projectors, recording equipment, massage tables, yoga mats in the classroom closet, wall charts, and other teaching equipment. NHI has two office spaces, a library, and other necessary vocational college equipment. Depending on the class, NHI has textbooks available for purchase or the students can order online and for most classes NHI provides handouts-by email. Several of the textbooks used were written by the NHI founder-director and by several of the senior teaching staff. The NHI library includes more than 700 books relating to the different classes and programs. The founder-director sends out self-help health facts and/or a health blog to all students at least one to two times per week. (5,CCR §71810(b)(9)) (5,CCR 71810(b)(10))

TUITION AND FEES
The tuition and fee schedule is designed to make enrolling in NHI affordable and easy. Tuition costs are outlined for the programs following the program descriptions. There is a $100 *non-refundable* registration fee per program plus a books/supplies fee, and a shipping/handling charge. All fees quoted are in U.S. dollars and must be paid in U.S. dollars.

NHI reserves the right to invoice the student for increased costs to ship internationally, beyond the continental United States, or for 2nd or 3rd day UPS or FedEx delivery service.

Late payments will be assessed a late fee commencing 30 days after the initial due date. If the agreed payments are not maintained for 60 days or more, a student is considered no longer enrolled in an NHI Program and automatically forfeits all previously collected funds. NHI reserves the right to use an outside collection service.

FINANCIAL AID & CAREER COUNSELING (5,CCR §71810(b)(6))
NHI recognizes that financing a quality education is a major commitment. Easy payment plans have been designed for your added convenience. If a student chooses a payment plan the admin fee is 10% of the remaining balance. This fee is collected as part of the down payment and is not refundable if a student cancels or withdraws. In addition, students who are military spouses may qualify for funding through MyCAA, and California residents who are collecting unemployment or seeking a career change may be eligible for funding through the California Employment Development Department. Contact the College for more information. (CEC §94909(a)(10))

We offer individualized career counseling by appointment on the telephone, via e-mail, US mail or in-person.

If a student obtains a loan to pay for an educational program, the student will have to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student receives federal student financial aid funds, the student is entitled to a refund of the monies not paid from federal financial aid funds. (CEC §94909(a)(11))

NOTICE OF STUDENT RIGHTS
(1) You may cancel your contract for school. The Notice of Cancellation form will be available to you. Read the Notice of Cancellation form for an explanation of your cancellation rights and responsibilities. If you have lost your Notice of Cancellation form, ask the school for a sample copy.
(2) Your refund rights are described in the catalog and application for enrollment. If you have lost your copy of the application for enrollment, ask the school for a copy of the refund policy.
(3) For any student grievances, the student is advised to first schedule a meeting with the admissions director or school founder-director. (5,CCR §71810(b)(14))

Satisfactory Academic Progress: Students who are deemed by the instructor, Academic Dean, or School Director not to be making satisfactory academic progress will be asked to schedule an academic counseling session over the telephone for the purpose of guiding the student toward improved performance. Evidence of failing to make satisfactory academic progress includes: exceeding the permitted level of absences in audio conferencing, student grades continuing to fall below passing in lessons, and/or continuing failure to demonstrate satisfactory application of practical skills in those courses which have a practicum or case history section.
GRADUATION STANDARDS AND REQUIREMENTS (5,CCR §71810(b)(8)) (5,CCR §71810(b)(11))
A student shall be graduated from a program and be granted a diploma/certificate of completion and transcript *only* upon completion of all class assignments and overall evaluation in the course work of 70% or better. All projects and tests are completed at home and are designed to be a helpful learning experience for you. The full grading standard for evaluation is as follows:

90% -- Excellent/Passing ~ 80% -- Good/ Passing ~ 70% -- Satisfactory/Passing
Less than 70% -- Unsatisfactory/Not Passing Unsatisfactory Evaluations may be repeated. PLEASE NOTE: *No one will be eligible for graduation from a course until tuition and all applicable fees are paid in full.* Furthermore, all school properties rented, borrowed, or damaged must be returned or paid for before a diploma/certificate of completion, and transcript will be issued. From receipt of final project please allow 2 weeks for grading and an additional 2 weeks for tabulation of grades and issuance of diploma/certificate. Diplomas/Certificate will be mailed to the address on file.

In the 100 hour massage tech lesson, which is an elective in the Holistic Health Practitioner program, the determination of a pass/fail grade will be based on receiving a grade of 70% or better on a quiz and on a manual test at the end of the course. For those lessons that emphasize academic information such as Nutrition, Herbology, Aromatherapy, Anatomy, Physiology, and Kinesiology, the take-at-home quizzes (Which can be done open book. Even having to look up the answers is a learning experience) shall constitute 30% of the grade and the take-at-home final shall constitute 70% of the grade.

STUDENT SERVICES
NHI does not provide job placement services. NHI does provide, free of charge, career counseling. NHI posts notices of potential jobs. Self-help information is posted on the website, plus weekly health facts or blogs are e-mailed. NHI provides wi-fi to students free of charge and a Library. NHI provides very professional, experienced instructors – some of whom have a national reputation. Also, see NHI FACILITY AND EQUIPMENT described above. **Although our focus or emphasis is now Distance Learning, NHI provides periodic residential classes, programs, workshops, and special retreats.** (5,CCR §71810(b)(12)), (5,CCR §71810(a)(13))

STUDENT STANDARDS
On all tests and projects, a grade of 90% or better is excellent, 80% or better is very good, 70% or better is satisfactory, and below 70% the test or project must be resubmitted. Most tests and projects are on a take home basis or to be completed at home. Grounds for probation or dismissal from a residential class include any illegal conduct, obstruction or disruption of class, and theft of school or other student's property, and sexual harassment. Should a probation or dismissal occur, the student should schedule a meeting with the admissions director at NHI to reach resolution. A student can request, in writing, a leave of absence from NHI. Note: because NHI is not on a semester or quarter system, and because students direct the matriculation of their process (learner directed), students can take a

leave of absence when necessary and come back when they are able. Extension fees may apply. (CEC §94909(a)(8)(C)), (CEC §94909(a)(8)(E))

STUDENT HOUSING

(A) NHI DOES NOT HAVE dormitory facilities under its control;
(B) NHI does maintain a list of contact resources for housing in the very rare situation of need.
Students who would like the contact list must request information from the school
(C) NHI has no responsibility to find or assist the student in finding housing NHI IS A NOT RESIDENTIAL SCHOOL
(5,CCR §71810 (b)(13)(A)(B)(C))

TRANSFER STUDENTS

NHI welcomes transfer students. Any student currently enrolled elsewhere may join us and receive a tuition rebate from your former school following State guidelines. This is a State regulation. We will accept transfer credits from any state-licensed school or college at $1.00 per credit hour as long as the training is comparable. This fee must be paid within 60 days of enrolling at NHI. NHI cannot grant credit for workshops, life experiences and other excellent endeavors unless conducted through a state or federally licensed college or school. For more information on transfers please contact NHI Admissions.

NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION" "The transferability of credits you earn at **NHI College** is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the ***Certificate/Diploma*** you earn is also at the complete discretion of the institution to which you may seek to transfer. If the ***Certificate/Diploma*** that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending ***NHI College*** to determine if your ***Certificate/Diploma*** will transfer." (CEC §94911(h) and §94909(a)(15))

STUDENT'S RIGHT TO CANCEL -- CANCELLATION AND REFUND

The student shall have the right to cancel the enrollment agreement and receive a full refund before the first lesson and materials are received. Cancellation is effective on the date written notice of cancellation is sent. The institution shall make the refund pursuant to section 71750 of the Regulations. If the institution sent the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 days after the student's return of the materials. (5,CCR §71716(b))

NHI shall send the course materials by Certified first-class mail or UPS, postage pre-paid, documented by a certificate of mailing. If written cancellation/withdrawal is received within the first 7 days of delivery, books and materials may be returned at the student's expense in re-usable condition.

All returned books and materials are inspected upon receipt and there is a 15% *(calculated from the original* total *cost of books and materials)* re-stocking fee deducted from the refund. If written cancellation/withdrawal is received after the first 8 days of delivery, books and materials are not returnable. **No refunds are available for administrative fees, registration, or shipping.**

Notification of cancellation/withdrawal and request for a refund is required to be made ***in writing!*** You may drop off, certified mail, or e-mail your notice of cancellation/withdrawal. Refunds are issued by check only and are mailed within 30 days of less. Notices may be directed to: Admissions Director, Natural Healing Institute of Naturopathy Inc. 2240 Encinitas Blvd, Suite D, # 370, Encinitas, CA 92024, Fax 760-943-9477, email: enroll@naturalhealinginst.com

If a student elects to attend residential classes, the student may be dismissed from school for appearing on campus in an intoxicated or drugged state, possession of non-prescription drugs or alcohol upon school premises, behavior creating a safety hazard to other persons at school, or disrespectful behavior to another student, administrator or

faculty member.

Appealing a Dismissal: In the event of dismissal, students shall be entitled to appeal the decision. The appeal must be in writing and a request for hearing must be delivered to the NHI Director within five (5) working days of the receipt of the decision. All costs of appeal shall be the obligation of the student.

Dispute Resolution

NHI and Student agree that their mutual commitment to the Enrollment Agreement should minimize the potential for disputes between them. Should any dispute arise, Student and NHI agree an attempt at resolution will occur between Student and the NHI Admissions Director, and then, if necessary, between Student and NHI Founder/Director. Nevertheless, if a dispute arises which cannot be resolved in the ordinary course of business, consistent with the provisions of the California Code of Civil Procedure: Student and NHI agree that they ***must*** attempt through mediation in good faith to resolve their differences prior to resorting to any courts. Any controversy or claim arising from or relating to the enforcement of or breach of this Agreement shall be first attempted to be settled by mediation in San Diego County, California. Note: Student may elect to "appear" by telephone rather than having to travel.

Mediation will be conducted by a neutral mediator selected by the parties from a list of alternates which list is maintained and furnished by the North San Diego County Bar Association as a public service and is standard procedure. The recommended solution is not binding. The parties shall split the cost of the mediator.

In the event legal action is brought under this Agreement to enforce any of its terms, or in any appeal there from, it is agreed that the prevailing party shall be entitled to reasonable attorney's fees, including fees reasonably incurred prior to mediation/arbitration, suit or action, to be fixed by the mediator/arbitrator, trial court, and/or appellate court. This agreement is governed by the laws of the State of California and the Uniform Commercial Code. The venue for any legal disputes shall be held in San Diego County in the State of California. Again. Note, Student may elect to "appear" by telephone rather than having to travel, which is a standard procedure in U.S. courts.

REVIEW OF SCHOOL CATALOG AND SCHOOL PERFORMANCE FACT SHEET

"Prior to signing the enrollment agreement, a full catalog must be made available to you as posted on our Website, or upon request e-mailed or mailed to you, which you are encouraged to review prior to signing the enrollment agreement. These documents contain important policies for this institution. This institution requires you to sign and date the Enrollment Agreement. (CEC §94911(i)(1)(2))

ADMINISTRATIVE RECORD KEEPING POLICY

Student records are retained indefinitely or permanently. (5,CCR §71810 (b)(15))

All information contained in this catalog is for informational purposes only and is subject to change without prior notice. This printed matter does not constitute a contract between NHI and the student – nor should a contract be implied.

"We must never lose our sense of awe at the magnificence of our planet." Anonymous

NHI FACULTY & ADVISORS

Steve Schechter (N.P., H.H.P.) is the Founder & Director of NHI plus practices in Encinitas. Steve completed the pre-medicine program and graduated cum laude from the University of Michigan with majors in both Clinical Psychology and Comparative Religious Mysticism. In 1973, he apprenticed with the most renowned Naturopath and Nutritionist in the world -- Paavo O. Airola, N.D., Ph.D. In 1974, he apprenticed with the most renowned Herbalist and Naturopath in the world -- Dr. John R. Christopher, N.D., M.H. He graduated from the 4,100-hour Residential Naturopathy program at Instituto Naturista Adventista with an N.D. degree, has studied holistic health at many other institutes and colleges. He also attended three different religious seminaries to further study and experience eclectic natural religious mystical experiences. He wrote the best-selling book (best-selling for 12.5 years): *Fighting Radiation and Chemical Pollutants with Foods, Herbs and Vitamins—Documented Natural Remedies That Boost Immunity & Detoxify*, plus a book on fat loss and a training manual for health therapists. Steve has been a practicing Naturopath and has taught nutrition, herbology and massage since 1972. He has given featured presentations on nutrition and herbology for fifteen years at the three largest health industry trade conventions in the world. He has lectured at three major universities, and has founded and directed a state-licensed and certified college of natural healing. Steve has been a paid consultant and formulator for three of the four largest herb companies, two of the three largest supplement companies, and on the medical advisory boards for two nationally prominent magazines. He is a regularly nationally featured journalist having had more than 350 peer-reviewed articles published and has spoken at many large consumer health expos. Steve founded NHI in 1997, teaches classes in many different areas of holistic health, and is available for comprehensive health consultations while he and NHI never sell any health products thus there is no conflict-of-interest or money agenda. Steve regularly enjoys a wide range of outdoor and nature activities, including gardening and bicycling which he calls his "cycle therapy." Steve cooks mushrooms because he aspires to be a "fungi." He eats fermented foods, grows Stevia (his namesake), and makes delicious cacao-chocolates because he also aspires to be cultured and sweet. Steve is involved in activity for healing and repairing our living planet -- our macro-immune system. He does endeavor to be a genuine, deeply caring Naturopath, Holistic Health Practitioner, MetaPhysician, and eclectic Mystic.

Kris Coetzee (H.H.P., L.M.T.) Kris is a Holistic Health Practitioner and Licensed Massage Therapist who has been in the Health and Wellness Industry since 1999. She has international spa experience and has worked at the world-renowned Omni La Costa Resort and Spa since 2004, having massaged many high-profile guests and celebrities. Ms Coetzee has also been a Health and Wellness educator since 2011 teaching several massage modalities at NHI College and Omni La Costa Resort and Spa as one of their lead trainers.

Erhard Rohmuller (H.H.P./ E-500 R.Y.T./ M.TH., Therapist/Coach to Elite Athletes) Erhard started his Holistic Hearth Fitness and Wellness career in 1980 on the East Coast, with the Biogenic Society. Erhard received his extensive training in Europe, Asia, and the U.S.A. His motto is:" MOVEMENT CREATES AWARENESS." He embraces the natural healing process and earned his Licensed H.H.P. and M.T. at NHI in 1998. Erhard gained his controlled body awareness via competitive skiing and cycling in his early 20's. But years in the corporate world had an indelible psycho-somatic impact on his body and mind. In search for an antidote, he found and profoundly connected with Yoga, Pilates, Qi-Gong, Thai-Chi, Feldenkrais, Leonardo da Vinci Body Movements, Thomas Hanna (Connective Tissue), Elizabeth Beringer, James Knight (Myofascia Release), and many others that influenced Erhard to explore the Soma-Kinetics (Body-Movement) + Soma-Ortho-Kinetics aspects from the inside out -- in other words "Mindful Therapeutic Movements." Being mindful is the capacity to be aware. This will create a new-neurological pattern that will equalize the agonist and antagonist muscle groups. He incorporates eastern and western Movement Therapies that he created and named "Soma-Kinetics" & "Soma-Ortho-Kinetics." Both of these modalities, along with his other classes have earned him national recognition as a leading edge, awesome, and inspiring instructor. Many of his clients are world class Olympic athletes and Navy Seals needing profound correction. Since 1998, Erhard teaches the Thai Massage Program; part of the Yoga Instructor, Somatics and Movement Therapist Program; "Soma-Kinetics" & "Soma-Ortho-Kinetics;" and several other classes at NHI.

Keoni Salgado (H.H.P., L.M.T.) Born in the Philippines and raised in Orange County California, Keoni has been in the Health and Fitness industry since 1992 as a Personal Trainer, Group exercise instructor, Fitness model and Massage Therapist. He has an Athletic Training degree from San Diego State University, A.C.E. Certifications, and has over 1500 hours of Bodywork education from accredited schools and numerous workshops across the United States. As one of the most requested massage therapists at the world famous La Costa Resort and Spa, Keoni also is a Certified instructor in Hawaiian Lomi-Lomi massage and has developed numerous Spa and massage protocols. His unique and intuitive massage and bodywork sessions stem from a blend of Sports massage, Deep tissue techniques, Relaxing Esalen style, Thai massage and Hawaiian Lomi-Lomi. His style of bodywork has made him a local favorite to many professional athletes, active individuals, and other massage therapists and health professionals. He worked with the San Diego Chargers as one of the team Sports Therapists. Since 2002, Keoni teaches 64 of the 68 hour NHI Lomi-Lomi Program plus teaches several other NHI classes.

Ashley Anderson (H.H.P., C.P.T., L.M.T., R.Y.T.) Ashley has been in the health and fitness field for more than a decade. Her resume includes: own private clients and business under her trademarked "YOMATRA," (combination of yoga, massage, training); working at exclusive resorts such as La Costa Resort and Spa, Manchester Grand Hyatt, and Morgan Run Golf and Tennis Resort. She is national Certified and state licensed in massage and bodywork. She graduated with honors from NHI achieving Certification and Licensing as a Holistic Health Practitioner H.H.P., is also Certified through the International Sports and Science Association for personal training, and is Certified as a yoga teacher both through the national Yoga Alliance and through NHI. Ashley has been teaching in several areas of massage therapies at NHI and part of our Yoga Instructor, Somatics & Movement Therapy (YISMT and RYT) Program since 2012.

Linda Anne Kahn (C.I.D.E.S.C.O. C.L.T.-L.A.N.A., C.N.C., C.C.M.H., N.C.B.T.M.B. T.M.B., C.M.T.) Linda-Anne Kahn is an Internationally trained Beauty Therapist, Clinical Aromatherapist, Holistic Health Practitioner and Dr Vodder's Lymphedema Therapist. She is a Nationally certified Massage Therapist, State Certified Esthetician, NHI Certified Clinical Nutritionist Consultant and NHI Certified Clinical Master Herbalist . Linda-Anne is Board Certified as an Internationally recognized CIDESCO Diplomate. She is Certified as a Clinical Aromatherapist from Eve Taylor, London and has studied Aromatherapy with many French Doctors, including Dr. Daniel Penoel, Dr. Claude Lapraz and Pierre Franchomme, Mark Webb (Australia)and Dr Bruce Berkowsky (USA)and Kurt Schnaubelt (USA). Linda-Anne has been teaching the Aromatherapy Certification Program at NHI since 2003! She is also a regular guest speaker at many professional Lymphedema and Aromatherapy conferences. She is the Founder and President of Beauty Kliniek Aromatherapy Day Spa and Wellness Center. She has been awarded as national "Spa Person of the Year", and has been a speaker at NAHA (National Association of Holistic Aromatherapists) and AIA (Alliance of International Aromatherapists) international conferences.

Ron Punit Auerbacher, H.H.P.

Julie Nemiroff, H.H.P.

Randy Davis, CN, C.S.C..S

Prana Gogia, M.B.A., H.H.P.

Dr. Barry Green, Ph.D., H.H.P.

Andrea Hall, C.C.M.H.

Jennifer McIssac, H.H.P., C.M.T.

Richard Learmont, S.A., S.D.G. (Sound Alchemist & Human Design Guide)

Tricia Miller, L.Ac., Dipl.Ac.

Erin E. Raskin, M.S., L.Ac., Dipl. Ac.

Jay Robb, C.C.N.

Earl Simmons, M.D.

Gordon Saxe, M.D.

Naomi Stein, M.T.

Rebecca Monet, C.N.C., C.C.M.

Dr. Steve Pratt, M.D.

Alison Reid-Bretell, L.Ac., M.T.O.M.

Michael Rosenbaum, M.D.

Robert Savage, R.Ph., C.C.H.

Tom Sanchez, H.H.P.

Laura Thompson, Ph.D.

Elizabeth Yarrington, L.E., N.C.B.T.M.B., C.A.M.T.C., B.A.

David Wolfson, N.P., N.D.

Patti Weller, H.H.P.

Sandi Star, H.H.P., C.N.C., C.C.M.H., Founder of Karmic Health

Nancy Boyce, H.H.P.

Kelly Bryson, M.A., M.F.C.C.,

Dave Garza, H.H.P.

Osi Livni, H.H.P.

Benjo Masilungan, M.D.

FREQUENTLY ASKED QUESTIONS (FAQ'S)

What is the difference between a Nutritionist and Dietitian? Trained dietitians primarily focus on meal planning and are hired by hospitals and occasionally other institutions. Nutrition is a "whole body" approach, in which, meal planning is only a small part. Nutritionists are trained to individualize a nutritional and supplement program for therapies according to the individual's unique constitution and health concerns. Individuals preferring progressive help usually seek the advice of Nutritionists rather than dietitians. The majority of Nutritionists work for themselves doing nutritional consulting. Some start out by working with M.D.'s, chiropractors, H.H.P.'s, acupuncturists, naturopaths, osteopaths and other health therapists.

What are the licensing requirements for H.H.P.'s? You should check with your state/city for required total hours and specific course requirements. Even if you are not licensed, you can use **C.N.C.™, C.C.M.H.™, H.H.P, N.P.,** and **C.C.M.A.™** after your name to market and demonstrate your abilities and education. H.H.P.'s are licensed in fewer than 18 states. However, there are H.H.P.'s, as well as C.N.C™.'s and C.C.M.H.™'s, N.P.'s, and C.C.M.A.™'s practicing openly and successfully in every state. Even if one practices where not currently licensed, our programs teach you how to practice and speak in an entirely legal manner. No matter where you practice, you can advertise yourself as having graduated from a fully and professionally accredited vocational college in coastal southern California just north of San Diego. (CEC §94909(a)(6))

How do I obtain malpractice insurance? Malpractice insurance can be obtained through national organizations. Contact our office.

What is the cost to attend class residentially if enrolled in the DL program? While you are enrolled as a distance learning student, you will pay 80% of the nightly or program tuition to audit. *No additional registration fee is charged*.

What kind of job can I get after graduation? You can start out working with an M.D., chiropractor, acupuncturist or other health therapists doing health consultations. Also, you can work in a health food store and develop your own clientele doing consultations on the side. Or, you can work for a supplement or herb company as a sales representative, thereby meeting health food store employees who will then refer to you when their customers need trained or in-depth advice. The majority of graduates initially or eventually work for themselves.

What are the costs to change programs? An additional registration fee of $100 will be charged for every new program you enroll in. NHI will apply an 80% tuition credit toward the new program, plus additional books, shipping, etc.

Important Note: Senate Bill SB577, which was signed into law January 2003, does liberalize the scope of "complementary and alternative medicine" in California — such as Nutritionist, Herbalist, Holistic Health Practitioner, Naturopathic Practitioner. A copy of the law is available upon request. Similar laws are currently being enacted in other states officially and/or in common practice.

Are there any additional special functions at NHI? Yes, several. Every August, NHI sponsors a special weekend retreat focusing on fasting and detoxification. (Steve Schechter is the author of a best-selling book for 12 ½ years on natural therapies well documented by scientific research to boost immunity and detoxify.) This is at our auxiliary retreat center we purchased in Encinitas. See below.

Tell me more about the NHI retreat center? This property has been officially declared by the city as a "Specific Protected Bio-Zone." Steve has already lushly and verdantly landscaped it. He is planting an additional more than 200 different medicinal plants, about 20 different kinds of medicinal trees, plus fruit and nut trees, olives, grapes, and vegetables. In 2006, this land was nationally certified as a true "Botanical Sanctuary" + "Bird and Wildlife Habitat" and convert ed into a *land trust/land stewardship. It has a large, chemical free, lagoon style pool, double thirty-five foot waterfall, outdoor palapa, quiet yoga areas and prayer / meditation areas with panoramic views, and many other amenities.*

"Faced with challenging, yet en-lightening, times, I feel we need to help one another understand, re-experience, and ***act*** from a recognition that we are, body and spirit, one and interdependent – with the living earth and with all of creation. There is greater freedom and Self-fulfillment or Self-realization in interdependence. "

"Perhaps the future does not lie in more and more complex methods of information transmission and alienating, isolating corporate control and exploitation of our planet; but, in the simple understanding that this living planet is our home and that we live here thanks to a miraculous and complex web of interconnected life. Perhaps a lofty goal is to heal our planet and to heal ourselves simultaneously; and in so doing, to achieve our full potential self, to go beyond ourselves, to connect with others and our inner and outer nature, and to joyfully and meaningfully realize our full potential Self. Transform. Restore. Repair. Heal. Connect. Unite. Transcend. At-One-Ment."

"May all beings be happy, healthy, and Self-realized." Steve Schechter, N.P., H.H.P.