

Natural Healing Institute of Naturopathy, Inc.

2236 Encinitas Blvd., Suite E ♦ Encinitas CA 92024
Phone: (760) 943-8485 ♦ Fax : (760) 943-9477
E-mail: Info@nhicollege.com ♦ www.nhicollege.net



Class Schedule ~ Winter 2017

Volume 28 – December 15, 2016

OPEN HOUSE

Thursday, January 12th

7:00 pm – 9:00 pm

Full Presentation starts promptly at 7:15 pm.

There will be **3 tuition discount** raffles given away

**Come Join our Founder & Director Steve Schechter, N.P., H.H.P.,
For an informational presentation of classes & programs.**

Includes information on the Holistic Health environment in general and how you can customize a Holistic Health Education that best suits your career goals, & share your passion with others, and for self-growth.

*** NOTE: Any & all classes at NHI count towards your H.H.P. License and N.P. Certification! All Classes at NHI qualify you for C.E.U.'s for H.H.P.'s, for Nurses, and for Department of Behavior Sciences, (MFT's & MFCC's) ***

RESIDENTIAL AND DISTANCE LEARNING STUDENTS:

All Students, **except Residential Massage Therapists for License** can now take Anatomy, Physiology, and Pathology requirements via Distance Learning or via hybrid (Hybrid means part Distance Learning and part Residential with us!!!)

*Please note **Massage Therapists Students** must take **ALL CLASSES RESIDENTIALLY***

DISCOUNTS ARE AVAILABLE FOR RESIDENTIAL AND DISTANCE LEARNING PROGRAMS

20 - 55% off depending on program

Payment Plans are also available to make programs more Affordable!!!

**** CHECK OUR **NEW WEBSITE:** <http://www.nhicollege.net> FOR DETAILS!!!! *****

Please note: Please come to class fragrance free.

Some students are sensitive or allergic to any fragrances.





NT-100

***** Certified Nutritionist Consultant (CNC)[™] Certificate Program *****

Tuesday Evenings, 7:00 pm – 9:55 pm

***** Revised & Updated! *****

You may enroll in the program [anytime](#) for professional certification or attend individual modules/classes for personal growth

Newly restructured and updated program!! The most comprehensive, most in-depth, & most popular nutrition training program in California, & one of the three most respected in the U.S. Program covers a wide range of clinical nutrition **for personal growth, therapy, and professional practice!** Learn the pros and cons of different dietary approaches, how to individualize complete nutritional programs, eclectic & progressive, plus much more.

Schedule includes four weekend classes, dates are TBD.

- Train in the use of Clinical Nutrition for self-help, personal growth and for the professional benefit of others.
- Qualify to become a Certified Nutritionist Consultant (CNC)[™] for use in the fields of medicine, nursing, chiropractic, physical therapy, dentistry, massage and counseling.
- Learn a variety of nutritional information including: pros and cons of different dietary systems, vitamins and minerals, nutrient-dense superfoods, sports nutrition, antioxidants and much more!

**200 Credit Hours - \$2,395.00 Tuition (\$12/Credit Hour) + Books
Or \$44.00 per night for a single night charge (\$13/Credit Hour).**

Instructors: Steve Schechter, NP, HHP, NHI Founder-Director and other Multiple Expert Instructors – ND's, MD's & PhD's.



HB-100

***** Certified Clinical Master Herbalist (CCMH)[™] Certificate Program *****

Wednesday Evenings, 7:00 pm – 9:55 pm

**** Revised & Updated! ****

You may enroll in the program [anytime](#) for professional certification or attend individual modules/classes for personal growth

Newly restructured and updated program!! The most comprehensive, most in depth, & most popular Herbology training in California, & one of the three most respected in the U.S., from a nationally honored Master Herbalist with special guests! Ideal for anyone wishing to learn the magic, beauty, traditional wisdom and modern science of healing with nature for self-help, therapy & professional practice. Schedule includes some weekend classes to be determined at a later date.

Totally revised & expanded into organ, glandular & systems approach.

- Learn the way of Herbs for self-help and clinical herbology for professional practice
- More than 300 Eastern and Western herbs will be presented
- Herbs for cleansing, building/balancing organs, glands, blood, lymph, muscles, nerves, emotions, and other energy systems
- Learn how to make teas, salves, balms, tinctures, balanced and individualized herbal formulas and other preparations

200 Credit Hours - \$2,395.00 (\$12/Credit Hour) Tuition + Books Or \$44.00 per night for a single night charge (\$12/Credit Hour)

Instructors: Steve Schechter, NP, HHP, NHI Founder-Director & Special Guest Speakers

NT-772
1/10
1 Tuesday
Night
7:00 pm –
9:55 pm

Gluten Free Diets – Open to Anyone – Part of Certified Nutritionist Consultant (CNC)™ Certificate Program

This module will review major Western and Eastern dietary systems. Discuss the pros and cons of each system and how to individualize a therapeutic dietary program or a preventative dietary program.

3.5 Credits, Tuition \$46

Instructor: Sandi Star, HHP, CNC, CCMH

HB-201
1/11
1 Wednesday
Night
7:00 pm –
9:55 pm

Herbal *FUN*damentals – Open to Anyone – Herbology – Part of Certified Clinical Master Herbalist (CCMH)™ Certificate Program

Geared for everyone! Learn the most popular herbs of the new millennium for a wide range of common health. The most comprehensive, most in depth, & most popular Herbology training in California, & one of the three most respected in the U.S., from a nationally honored Master Herbalist with special guests! Ideal for anyone wishing to learn the magic, beauty, traditional wisdom and modern science of healing with nature for self-help, therapy & professional practice concerns.

3.5 credits, Tuition \$46.00

Instructor: Steve Schechter, NP, HHP, NHI Founder-Director

NT-401
1/17 – 2/28
7 Tuesday
Nights
7:00 pm –
9:55 pm

Nutrient Dense Superfoods – Open to Anyone – Part of Certified Nutritionist Consultant (CNC)™ Certificate Program

Students will learn the therapeutic use of more than 30 nutrient-dense therapeutic super foods. Class will review advantages and disadvantages of each nutrient-dense super food as well as when to use them for prevention or therapy. Class will also review glandular extracts, how to monitor quality, when they should not be used, and correct preventative or therapeutic dosages.

3.5 credits per night or 24.5 credits for the series, Tuition \$46.00 per night or \$294.00 for the series

Instructor: Steve Schechter, NP, HHP, NHI Founder-Director

HB-200
1/18 – 4/26
15 Wednesday
Nights
7:00 pm –
9:55 pm

Herbal Formula Making – Open to Anyone – Part of Certified Clinical Master Herbalist (CCMH)[™] Certificate Program

Learn the way of herbs for self-help and Clinical Master Herbology for professional practice. Herb formulas for cleansing, building, strengthening and balancing organs, glands, blood, lymph, muscles, nerves, reproductive system, brain, emotions, and other energy systems. Herbal formulas for common symptom, regulating nerve flow to each part of the body and regulating pH. Highly effective methods of herbal medicine - combining the clinical and scientific with the traditional holistic and energetic approach - will be fully integrated into a system of making balanced and individualized herb formulas. **Formula Making is the apex of herbal medicine!** Uniquely comprehensive & easy to learn.

52.5 Credit Hours - \$630.00 or \$46.00 per night - single night charge (\$12-\$13.00/ Credit Hour)

Instructor: Steve Schechter, NP, HHP, NHI Founder-Director

MT-101
1/21 – 1/30
Starts Saturday
10 Day
Accelerated
9 am –
5:55 pm

Massage Technician – Dynamic Healing Touch Massage [™] Open to Anyone and Required for MT500, HHP, NP Programs

This course is the foundational bodywork class for NHI

****Revised! Expanded! ****

Learn our Healing Touch[™] style plus Esalen/Swedish massage, circulatory and other modalities that combine to create a profoundly rejuvenating, relaxing massage. + Intro to other styles including: Lomi, Thai, Energy, Stretching for the Therapist, Etc.

100 credits. \$875.00 Tuition + \$35.00 handouts & supplies

Instructors: Keoni Salgado, HHP, MT
Steve Schechter, NP, HHP, NHI Founder-Director,
Erhard Rohrmuller, HHP/ E-500 RYT/ MTH, Therapist/Coach to Elite Athletes
Ashley Anderson, HHP, CPT, LMT, RYT®, YISMT [™]
Kris Harris, MT



HH-300
1/23 – 3/13
8 Monday
Nights
6:30 pm - 10:00
pm

Certified Clinical Master Aromatherapist Certificate Program Open to Anyone

Winter 2016 Module:

The object of this course is:



- * To give the student an in depth basic knowledge and understanding of the field of aromatherapy.
- * Help students to have a thorough understanding of aromatherapy to use as a career path or to incorporate into an existing professional practice
- * To train students to practice safely and effectively with high ethical standards
- * To teach each student the necessary skills and knowledge to effectively treat a wide range of disorders and stress related body mind problems
- * To discuss how essential oils interact on physical, emotional and energetic/ spiritual levels.

- * Give a thorough working knowledge of the therapeutic and energetic aspects of essential oils.
- * To teach students to consult with clients and formulate the appropriate blends.
- * To educate the student about safety and hazards of essential oil use.
- * To teach the students how to create a blend and choose from a range of carrier oils
- * To learn how to do an in depth consultation and safely and effectively blend the appropriate oils needed for their case.
- * Instruct students on how to create body products for personal and professional use.
- * Conduct a case study
- * Profiles of 40-60 essential oils
- * To give each individual an in depth knowledge of how the systems of the body interrelate with aromatherapy
- * To discuss 4 disorders associated with each body system and appropriate aromatherapy treatment

**NHI had the first State Approved Aromatherapy Certification Program in the U.S.!!
Meets NAHA (National Association for Holistic Aromatherapy) requirements**



**Early Payment discount: \$595 each module
4 independent 50 credit hour modules
Or \$80.00 per class night audit
Note: Each 50hr Module may be taken individually,
Further Discount if paying for all four modules \$2,275.00
Certified Clinical Aromatherapist Certificate after any
50hr Module & Certified Clinical Master Aromatherapist after 200hr**

Instructor: Linda-Anne Kahn

Owner, Founder and Medical Wellness Director Linda-Anne Kahn CIDESCO HHP CLT-LANA, NCTMB, CMT CHNC is a Holistic Health Practitioner whose mission is to help you achieve balance of the mind, body and spirit.

**MT -570
2/4 – 3/25
8 Saturdays
9:00 am –
5:00 pm
+ 1 Wednesday
Night**

**Lomi Lomi/ Hawaiian Healing Arts Certificate Program – Open to
Anyone / Required For The Massage Therapist Program**

NHI had the first State Approved program on the Mainland U.S.!!

An ancient Hawaiian massage passed from master to student, over generations. For physical therapy or the release of emotions, traumas, tension, stress, and blocked energy. Concepts of unconditional love, grace, beauty, and spirituality are inherent with Lomi. Predominantly uses the soft part of the forearm coupled with a dancing motion choreographed to create long, gliding, dancing strokes. Special attention is paid to the lower abdomen, which ancient Hawaiian philosophy considers the center of all emotion and power. Level I will introduce foundation strokes for the entire body, lectures of different forms of Hawaiian healing, and plenty of hands-on bodywork. Level II Includes many advanced strokes, more giving and receiving, plus Lomi Hot Rock Massage, and Herbs of the South Pacific. The style taught is the traditional Hawaiian Temple style which is described as a dancing meditation. Both Levels are part of this course.

Payment Plans available!

68 Credit Hours

\$816.00 + handouts

Instructor: Keoni Salgado, HHP, MT



HH-802
2/5 – 2/26
4 Sunday
Mornings
9:00 am –
12:30 pm

Meditation ~ NEW! Open to Anyone – Part of the Yoga Instructor, Somatics & Movement Therapist (YISMT)™ Program

This class is an introduction to various types of meditation and mindfulness practices. **EXPERIENTIAL!** We will explore the history and techniques used in several traditions, and develop an understanding of how to practically incorporate meditation into daily life, both for personal enrichment and to share with family, friends, and professional clients. Learn valuable tools for increasing inner peace and calm to combat stress, illness, anxiety, and to generally feel happier! We will spend plenty of time in meditation, familiarizing ourselves with different techniques, and will also learn how to guide and teach others. This training will provide integrative tools that you can use professionally with kids, corporate groups, health care patients, and more. If you've ever been curious about meditation, this is your opportunity to experience its many benefits in a comfortable, encouraging, and fun atmosphere.

16 Credit Hours - \$192.00 or \$48.00 per day

Instructor: Stephanie Gatschet, CNC, TLC

YI-100
2/5 – 6/25
9 am –
5:45pm

Skips
Sundays:

4/16,
5/14,
& 5/28

Yoga Instructor, Somatics & Movement Therapist (YISMT)™ + Registered Yoga Teacher (RYT)® Open to Anyone

Starts Sunday, February 5, 2017!



NHI's comprehensive Yoga Teacher Program will deepen your practice and, if desired, prepare you to function as a professional yoga instructor. Emphasis for this training will be therapeutic and a comprehensive, gentler approach to teaching.


Includes: asanas (Hatha yoga poses), yoga philosophy, Hanna Somatic Education, Soma-Kinetics™, DaVinci movements (warm-up and progressive exercises), practice intelligent teacher sequencing, breathing exercises, meditation, Niyamas and Yamas (observances and non-observances), posture adjustments, yoga anatomy, chakras and Nadis (yogic energy systems), meditation, marketing and branding, business practices, and professional standards-ethics.


Students may take the entire program for certification or take individual modules.

Accessible and flexible modules spread out over five months ~ 200 Credit Hours.

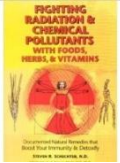
Tuition: \$2,395.00

Holistic Yoga Teacher Training with Ashley Anderson, HHP, CPT, LMT, RYT®, YISMT™

<p>HH-550 TBA 8 Monday Nights</p>	<p>Understanding Lab Assessments & Clinical Health Analysis (Open to All – Required for HHP & NP Programs)</p> <p>Primary emphasis is on understanding blood chemistries, urine analysis, saliva hormone testing, stool analysis and much more. Learn how to effectively use objective analysis of an individual's nutritional and biochemical status. Learn about lab tests for organs, glands, brain, and other body parts. Learn labs you can work with including for saliva, urine, blood, and stool tests. Create nutritional, dietary, and herbal recommendations based on your knowledge of lab assessments to bring about optimal health.</p> <p>Instructors: Rebecca Monet, CN, CH</p> <p>Kim Kelly, ND</p>
<p>HB-103 TBA 5 Sunday Nights 5:30 pm – 8:00 pm</p>	<p>Become a more Impactful Communicator</p> <p>Required for 1,000 hr HHP & 4,100 hr NP Programs</p> <p>**Very Strongly Suggested for Everyone!</p>  <p>Learn interesting and memorable speaking and communication techniques student will learn to become comfortable with their own voice, while developing ways in which that voice will become more impactful when speaking to clients as a Natural Healing Professional. The class settings involve a workshop atmosphere, where constant demonstrations and presentations are given and analyzed in a non-judgmental environment. Everyone participates, while layering presentation techniques from one week to the next, incorporating many little known “Tips & Tricks” by renowned communication experts, public speakers, actors, voice over artists and musicians. At the conclusion of the class, each student will realize that the content of the education received as a Natural Healing Professional will now be accompanied by the realization that their client’s reception of that information will be received in an interesting and memorable manner.</p> <p>15 Credits \$180.00</p> <p>Instructor: Carl “Doc” Martens, Business Leader, Public Speaker, Professional Musician, Author</p>
<p>MT-223 & 224 TBA 4 Classes 9:00 am – 5:30 pm</p>	<p>Western Sports Massage – Open to Everyone – Required for 500hr Exercise and Sports Massage Therapist Program</p> <p>Learn specific sports massage techniques including narrow cross-fiber friction, broad cross-fiber friction, jostling, muscle stripping, trigger release points & more. These techniques will be integrated into a Sports Massage style & individualized for common problems caused by each major sport for each part of the body. Techniques are appropriate for any activity induced ailment or injury-i.e. from cycling, running, tennis, surfing, housecleaning, carpentry or other activities.</p> <p>32 credit hours. \$384.00</p> <p>Instructor: Keoni Salgado HHP, LMT</p>

<p>Additional Spring Classes TBA</p>	<p>Additional Spring 2017 NHI Classes – Dates To Be Announced February 1:</p> <ul style="list-style-type: none"> ● Herb Walks ● Legally Conducting A Health Consultation ● Weight Loss / Fat Loss ● Sports Nutrition ● Sports Herbs ● Herbs Of The South Pacific Including Noni & Kava Kava ● Antioxidant Supplements, Herbs & Food
<p>HH-1056 TBA</p> <p>Available via Distance Learning</p>	<p>Pathology – Open to Everyone – Required for 1,000 hr HHP and 4,100 hr NP Programs</p> <p>Understanding the mechanisms of health disorders that affect your clients is critical to insure the best possible care. Expand your knowledge of internal health and how it applies exclusively to your type of work.</p> <p>40 Credit Hours, \$480 plus book</p> <p>Required Text book: The Essentials of Human Diseases and Conditions</p>
<p>MT-224 TBA</p> <p>Available via Distance Learning</p> <p>Note: If enrolled in MT Program this course must be taken in person.</p>	<p>Anatomy and Physiology – Open to Everyone – Required for all 500 hr MT, 1,000 hr HHP & 4,100 hr NP Programs</p> <p>Anatomy and Physiology made fun and understandable. Includes anatomy of the body, especially of muscles, nerves, muscle function, nerve innervations and palpation skills to locate tense or problematic muscles. Other areas of anatomy will be covered, including, Bio-mechanical, joint movement. Physiology covers how the body functions including all your organs, glands, energy systems, and more.</p> <p>64 Credits \$768.00</p> <p>+ Required Textbook: The Anatomy and Physiology Learning System, 5th Edition</p> <p>Instructors: Tammy Sawyer, LMT Ashley Anderson HHP, CPT, LMT, RYT®, YISMT™ Steve Schechter NP, HHP, NHI Founder-Director</p> 
<p>HH-530 TBA</p>	<p>Healing Emotions, Beliefs, Trauma and Blocked Energy – Open to Anyone</p> <p>This class illuminates the impact emotions, beliefs and trauma have on physiology. The body holds implicit memories of emotionally charged events in the brain and body. This class bridges the gap between talk therapy and body therapy and presents principles and techniques, (touch and non-touch) including Neurolinguistic Programming, EMDR and EFT to healing the emotions, memories, blocked and dysfunctionate energies trapped in the body.</p> <p>8 Credits \$96.00 Instructor: Rebecca Monet, Master NLP Practitioner</p>

<p>HH-1000 TBA Spring 2017</p>	<p>Hormone Balancing & the Endocrine System – Open to Anyone – Part of the CCMH™ Program)</p> <p>Understanding & working with lab tests - blood, urine, and especially saliva for women, men, and children. Includes Hormonal evaluations, Thyroid, Adrenal Stress, Cortisol, DHEA, Pituitary, and Hypothalamus. Physiology of the stress response & its salivary assessment. How to explain the underlying issues to clients and what treatment options actually work based on follow-up lab testing. Detailed review of estrogen, progesterone and testosterone. Causes of hormonal imbalances and organ/glandular dysfunctions. Treatment options include diet/nutrition, supplements, herbs, essential oils, customized endocrine creams, other natural remedies for PMS, Menopause, Male Menopause, Prostate, Depression, Hyperactivity ADHD & more. Interesting case studies.</p> <p>Instructors: Rebecca Monet, CN, CH Steve Schechter, NP, HHP, NHI Founder-Director Laura Thompson, PhD</p>
<p>All Prevalent Health Problems Classes will be online/Distance Learning</p>	<p>Increasingly Prevalent Health Problems Open to Anyone – Required for all 1,000hr HHP & 4,100hr NP Certificate Programs</p> <p>HH-577 Hypoglycemia - Low Blood Sugar & Energy: (4 credit hours) HH-578 Diabetes & Erratic Energy: (4 credit hours) HH-1070 Cardiovascular Disorders and Improving the Heart: (8 credit hours) HH-500 Detoxification & Environmental Health: (9 credit hours) NT-703 Brain Nutrients, Foods, Herbs, Supplements & Essential Oils: (12 credit hours) HH-590 Fasting: (9 credit hours) HH-1056 Immune Dysfunction, Cancer Treatment and Prevention: (16 credit hours) HH-861 Substance Abuse: Preventing & Treating the Harmful Effects of Food Addictions, Alcohol and Tobacco Smoke: (8 credit hours)</p> <p>TOTAL: 70 credit hours Tuition: Special Price for entire Series 11% off \$699.00 (Regular Price \$840.00)</p>
	<p>****Note: Individual Class offerings. These classes can be purchased individually in Distance Learning****</p>
<p>Distance Learning</p>	<p>Hypoglycemia – Low Blood Sugar & Energy Open to anyone – Required for H.H.P. & N.P. Programs Part of Increasingly Prevalent Health Series</p> <p>More and more Americans suffer from low energy levels, Hypoglycemia (low blood sugar) and related conditions including mental fatigue, anxiety and other important concerns. Learn about foods, herbs, supplements, amino acids, dietary habits, and aromatherapy traditionally used and scientifically documented to prevent and treat these Hypoglycemia related problems.</p> <p>4 Credits - \$48.00 – Steve Schechter, NP, HHP, NHI Founder-Director</p>
<p>Distance Learning</p>	<p>Cardiovascular Disorders & Improving the Heart Open to everyone – Required for H.H.P. & N.P. Programs Part of Increasingly Prevalent Health Series</p> <p>Learn about herbs, supplements, and foods documented to therapeutically improve heart and cardiovascular functions. What foods to avoid and especially traditional and natural remedies for preventing and treating heart and cardiovascular related health problems. Other natural therapies included.</p> <p>8 Credits - \$96.00 – Steve Schechter, NP, HHP, NHI Founder-Director</p>

<p>Distance Learning</p>	<p>Detoxification & Environmental Health <i>Open to everyone - Required for H.H.P. & N.P. Programs</i> <i>Part of Increasingly Prevalent Health Series</i></p> <p>Learn specific foods, supplements, herbs, amino acids, aromatherapy, & other natural remedies documented by scientific research to support healthy living in an unhealthy world. Learn natural remedies proven to boost immunity, detoxify from chemical pollutants, radiation, x-rays, pharmaceuticals, alcohol, tobacco, and drugs; and other remedies to generate optimal radiant health. Learn how to individualize a detox program and you will have the option to experience a supervised one yourself.</p> <p>9 Credits - \$108.00 + Handouts fee – Steve Schechter, NP, HHP, NHI Founder-Director, Author of the best-selling Detox book.</p> 
<p>Distance Learning</p>	<p>Brain Nutrients: Foods, Herbs, Supplements, Amino Acids & Essential Oils <i>Open to everyone - Required for H.H.P. & N.P. Programs</i> <i>Part of Increasingly Prevalent Health Series</i></p> <p>Learn about different nutrients for the brain and mood disorders including for mental clarity, memory, anxiety, irritability, insomnia, hyper & hypo functions, depression, Alzheimer's, Parkinson's, other dementias, bipolar manic depression, & much more. Learn about specific foods, herbs, supplements & essential oils documented for different concerns and different functions of the brain.</p> <p>12 Credits - \$144.00. Instructor: Steve Schechter, NP, HHP, NHI Founder-Director</p>
<p>Distance Learning</p>	<p>Fasting – Open to everyone <i>Required for H.H.P. & N.P. Programs</i> <i>Part of Increasingly Prevalent Health Series</i></p> <p>This class will cover specific fasts for health concerns associated with specific organs and glands. Review “Fasting with the seasons”—fasts appropriate for each season of the year & environmental considerations. Different fasts: Water, fruit juice, vegetable juice, herbal, soup & mono diets. Fasts for Spirituality & Emotions. How to prepare for, conduct & best break a fast.</p> <p>9 Credits - \$108.00 + Handouts fee. Instructor: Steve Schechter, NP, HHP, NHI Founder-Director</p>
<p>Distance Learning</p>	<p>Immune Dysfunctions, Cancer Treatments & Preventions <i>Open to everyone – Required for H.H.P. & N.P. Programs</i> <i>Part of Increasingly Prevalent Health Series</i></p> <p>There is a growing incidence of immune dysfunctions, and cancer has now surpassed Cardiovascular disease (CVD) as the number one killer of all Americans. Learn about natural remedies—primarily herbs, foods, supplements, amino acids, and other therapies – that have traditionally been used, and now are scientifically documented, to boost immune processes, prevent and treat different cancers, and other immune dysfunctions, also help generate optimal health and vitality. Also included are specific massage strokes combined with specific aromatherapy essential oils, and other therapies.</p> <p>16 Credits - \$192.00. Instructor: Steve Schechter, NP, HHP, NHI Founder-Director</p>
<p>Distance Learning</p>	<p>Substance Abuse: Preventing and Treating Food Addictions, Alcohol, and Tobacco Smoke- <i>Open to everyone – Required for H.H.P. & N.P. Programs</i> <i>Part of Increasingly Prevalent Health Series</i></p> <p>Learn how organ and glandular dysfunction can lead to substance abuse, and how substance abuse creates a wide range of health problems—including of the brain, liver, lungs, adrenals (control your response to physical and emotional stressors), pancreas (blood sugar +), kidneys, and more. Learn about natural remedies -- especially foods, herbs, supplements, other nutrients, some essential oils, and more -- that are well documented and readily available at your retail store to prevent and treat substance abuse.</p> <p>8 Credits - \$96.00 + Handouts fee - Steve Schechter, NP, HHP, NHI Founder-Director</p>

Follow us on Facebook!

Like us on face book <https://www.facebook.com/NaturalHealingInstitute/>

And give us a review <https://www.facebook.com/NaturalHealingInstitute/reviews/>



Students feedback helps us grow.



DISCOUNTS ARE AVAILABLE FOR
RESIDENTIAL AND DISTANCE LEARNING
PROGRAMS

15 - 55% off depending on program

Payment Plans are also available to make programs more Affordable!!!

****** CHECK OUR *NEW* WEBSITE: <http://www.nhicollege.net> FOR DETAILS!!!! ******