



## Natural Healing Institute of Naturopathy, Inc. (NHI)

### DISTANCE LEARNING COURSE CATALOG

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State-Approved &  
State-Licensed  
Vocational College

Programs & Classes  
for  
Diploma/Certificate  
of Completion and/or  
Professional License

Certified Nutritionist  
Consultant (CNC)<sup>TM</sup>

Certified Clinical  
Master Herbalist  
(CCMH)<sup>TM</sup>

Holistic Health  
Practitioner (HHP)

Certified Clinical Master  
Aromatherapist  
(CCMA)<sup>TM</sup>



Steve Schechter, N.P., H.H.P.

Natural Healing Institute of Naturopathy, Inc. (NHI)

State-Licensed & State-Approved College & Clinic. Residential & Distance Learning Programs

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## **Re: Tuition Discount For New Distance Learning Students Living Outside of San Diego County**

September 2, 2014

Dear New Friend & Prospective Student,

Below is some important news that should warm your heart, assist you in both your self-help and generating a fulfilling new career, and benefit your wallet.

Between September 2, 2014 - October 31, 2014, ***I have reduced or discounted the tuition for all our Distance Learning programs by 30 - 50% off.*** See below. Why? We are declaring this Autumn an international time of NHI tuition discount. Autumn is associated with resuming schooling. Autumn is the time of harvest, change, growth, transformation, **fulfillment**, gold colors, and "fruition." The greens are symbolic of enhanced income, greater personal growth, more meaning and connection in life.

Becoming a health therapist contributes to each person's -- and your clients' -- personal, holistic, religious and/or spiritual path to full realization and holistic health. We can help you generate autumn "gold" and harvesting the good fruits of your training via wholesome, (w)holistic, and (w)holy healing.

The government has strongly suggested that people should consider going to a vocational college to learn a new or second career. ***Important Notes:*** Holistic health and natural healing remains the **2nd** fastest growing industry in the U.S. This is the absolute best time in history to become a natural healthcare practitioner!

### **Enrolling in NHI vocational college:**

- Our mission has always been to sincerely provide the highest quality training possible both for your professional development and for personal/family growth - helping yourself and others - all while at the most reasonable, accessible tuition possible. Our graduates experience enhanced income, greater personal growth, and more meaning and connection in life. Becoming a health therapist contributes to each person's personal holistic, religious, and spiritual path and S/self realization.
- Students can enroll and study anywhere, including internationally. NHI is drawing more students worldwide due to the increase in popularity of holistic health, natural healing, and web access.
- I am invoking the spirit and passion of autumn: the time of the heart, "warmth," caring, education, harvest, and **fulfillment** - helping you find your professional and self-help passion to benefit you, your family, friends, clients, and others.

## VERY IMPORTANT NOTES:

**Note:** You will be trained how to conduct your new career via the telephone from your house (very convenient and low overhead), from a business office, wellness center, with an MD, DC, L.Ac., P.T., R.N., etc.

**Note:** For each of the last 17 years, we have offered one of the three largest and most respected Residential training in Clinical Nutrition in the U.S. qualifying for Certification and also trademarked as **Certified Nutritionist Consultant (CNC)<sup>TM</sup>**; one of the three largest and most respected Residential training in Clinical Herbology in the U.S. qualifying for Certification and also trademarked as **Certified Clinical Master Herbalist (CCMH)<sup>TM</sup>**; and the largest and most respected Residential training in **Holistic Health Practitioner (HHP)** qualifying for Certification/License. We were the first college or institute in the U.S. to have a State-Approved Aromatherapy training, which also qualifies you for Certification and also trademarked as a **Certified Clinical Master Aromatherapist (CCMA)<sup>TM</sup>**. Our *comprehensive* Naturopathy program has been State-Approved since 2003 and qualifies you as a **Certified Naturopathic Practitioner (NP)**.

We are now making available our audio files of all of our excellent Residential trainings, classes, and programs that relate to the program you are enrolling in. Again, all the audio files of classes here at our Residential NHI that relate to the program you are enrolling in will be made available. Each program has many different audio files with HHP and NP being far more extensive.

**Note:** Inclusion of the audio tapes is a highly significant value addition at no extra charge! This inclusion equates to being present in the classroom with a very significant savings of time, tuition, travel and convenience expense.

**Note:** To receive your Distance learning tuition Discount, please retain this Discount notice and include it with your enrollment application.

**Note:** Be sure we have your e-mail address for our free Newsletters which include our Fun Health Facts.

**Distance Learning Discount Rate For New Distance Learning Students Living Outside of San Diego County,**

**Special Offers of 30 – 55% off the Programs below until October 31, 2014:**

**Certified Nutritionist Consultant (CNC)<sup>TM</sup>** = Normally \$1,975, Now 32 % off = **\$1,350.00**

**Certified Clinical Master Herbalist (CCMH)<sup>TM</sup>** = Normally \$1,975, Now 32 % off = **\$1,350.00**

**Certified & Licensed Holistic Health Practitioner (HHP)** = Normally \$6,500, Now 51% off = **\$3,249.00**

**Certified Naturopathic Practitioner (NP)** = Normally \$22,000, Now 55%, Now off = **\$9,999.00**

**Certified Clinical Master Aromatherapist (CCMA)<sup>TM</sup>** = Normally \$980, Now 30% off = **\$698.00**

Should you have any questions or wish to schedule a telephone discussion, **please feel call to schedule time with Susan (our Registrar) or myself who handle Admissions for Distance Learning Students Living Outside of San Diego County.**

Sincerely, with great care, and best wishes,

*Steve*

Steve Schechter, N.P., H.H.P.

NHI Founder & Director

“We Teach You To Do Your Heart’s Work”<sup>TM</sup>

"The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark." Michelangelo

## TABLE OF CONTENTS

<b>Introduction</b>	<b>2</b>
<b>NHI Founder's Message &amp; College Mission Statement</b>	<b>3</b>
<b>Benefits of NHI</b>	<b>3</b>
<b>About NHI - Approval, Licensing, etc...</b>	<b>4</b>
<b>Programs Description and Overview</b>	<b>4</b>
<b>Clinical Nutritionist Consultant (C.N.C.)™</b>	<b>5-6</b>
<b>Certified Clinical Master Herbalist (C.C.M.H.)™</b>	<b>7-8</b>
<b>Holistic Health Practitioner (H.H.P)</b>	<b>9-11</b>
<b>Program Fees</b>	<b>12-13</b>
<b>Admissions, Administration &amp; Graduation</b>	<b>14-16</b>
<b>Instructors and Advisors</b>	<b>17</b>
<b>Important Frequently Asked Questions (FAQ's)</b>	<b>18</b>
<b>Application Form for Distance Learning</b>	<b>19-21</b>

Natural Healing Institute of Naturopathy, Inc. (NHI) began **seventeen years ago** as a *fully state-licensed , state- approved* residential college of natural healing, holistic health, and naturopathy.

Listed below are a few of the reasons why NHI has grown into the largest and most successful college of holistic health in California with the most popular and largest selection of programs and classes available and certainly is *one of the best fully state-licensed colleges* in the country:

- ◆ Our school director's renowned reputation for 43+ years in this field
- ◆ Our highest caliber teaching staff
- ◆ The depth and breadth of *reliable* information, integrating the traditional with the scientific and the currently further evolving
- ◆ Focus on nurturing our students
- ◆ Comprehensive and often *original and unique* written information
- ◆ Continued development of our programs
- ◆ Responsiveness to current student needs

Now we have transformed four of our most successful residential programs into *excellent, comprehensive distance learning programs you can do at your own pace at home, anywhere in the world.*

*All of our course materials have been designed to provide excellent self-healing and growth, to stimulate and develop effective therapists, and to serve as comprehensive resource material throughout your clinical practice.*

In case you are ever in our area, you may obtain more information and a schedule of all of our excellent residential classes and 13 full programs for license/certification by visiting our office. You may also visit our website. **Please refer to the FAQ's section (page 16) of this catalog for valuable information.**

**\*\*\*Vital Note:** Besides the quality of our training, NHI is a legitimate, state-licensed college and all of our programs, residential and distance learning, are state-approved. As a state-approved college, NHI must adhere to the state's quality control and the states support **only** legitimate, state-approved colleges. For license and certification, **states have recognized training only from state-approved, state-licensed colleges.** It is easy for schools to buy or receive "accreditation" from a private accrediting group, but that accreditation bears absolutely no legal or significant meaning.

**When students graduate from a state-approved, state-licensed school, a student will be grandfathered in when programs later become licensed! States and cities only grant licensing and give reciprocity if you attended a state-approved, state-licensed school anywhere in the country!**

## MESSAGE FROM OUR FOUNDER & DIRECTOR

With heartfelt joy and care, we welcome you to our college, our community - Natural Healing Institute of Naturopathy, Inc. (NHI).

NHI is a culmination of my dreams and passions; and, with everyone else's excellent input, continues to grow well beyond expectations. We are pleased you have become a part of expanding our mission, our services and our community. Our mission statement reflects our values, principles and intentions. We are committed to creating a community of instructors, therapists, staff, students or learners, and clients cultivating the highest standards of holistic health and healing.

The word doctor comes from the Latin word meaning to teach. A true doctor is also a teacher - teaching clients how to heal themselves, prevent disease and generate optimal health. Healing includes yet goes beyond curing people's bodies. It is about empowering people to heal their lives. Illness and injury can prompt us to look carefully at ourselves and our lives. They can also help us to better appreciate the preciousness of life and health. How have we been using our bodies? What have we been doing with our lives? What is our true mission in this world?

A teacher takes a hand, opens a mind, ignites a heart, and inspires a spirit. We commit to helping each other live, grow, teach, and heal with joy, appreciation, and with reverence for life's magnificent and magical forces. We enjoy helping you to do your life's work. We commit to providing you with the most comprehensive, in-depth, user-friendly training programs possible along with prompt response to your needs.



“We Teach You To Do Your Heart’s Work”™

*Steve Schechter, N.P., H.H.P.*

*“To Know Is To Care; To Care Is To Act”<sup>1</sup>*

## NHI MISSION STATEMENT AND BENEFITS

- ◆ To foster health, healing, joy, meaning, awareness, and appreciation.
- ◆ To empower our family of students, clients and staff towards growth and fulfillment.
- ◆ To provide exceptional natural healing or holistic health education.
- ◆ To provide the highest caliber faculty based on their dedication and ability to inspire and transmit holistic health principles.
- ◆ To provide premier instruction and services at the most affordable fees.
- ◆ To enrich the physical, emotional and spiritual well-being and healing of our students and clients, thereby enabling them to become more effective, integrated, sensitive and skillful therapists and people.
- ◆ To deepen our connections: to ourselves, our community, and to our living planet.

## BENEFITS OF NHI

- ◆ State-licensed College providing courses for license/certification.
- ◆ Four legitimate, state-approved comprehensive distance learning programs for license/certification.
- ◆ More than 4,500 hours of classes each year of state-approved residential training programs for license/certification.
- ◆ Our director, Steve Schechter, N.P., H.H.P., has been very active in the natural health industry since 1966. He is internationally renowned as a products consultant, speaker, holistic health author and therapist.
- ◆ Highly qualified, credentialed, State-Certified teachers and staff.

<sup>1</sup> Fighting Radiation & Chemical Pollutants with Foods, Herbs & Vitamins—Documented Natural Remedies that Boost Your Immunity and Detoxify (National Bestseller for over 12 years), Vitality Ink Publishing, Encinitas, CA, Steve Schechter, N.D., 1988 & 1997, p V. This quote explains why in 1988 Steve began donating 50% of his author’s royalties to national non-profit groups working for a healthier environment. Both he and this book are listed in Who Is Who In Service To The Earth.

## ABOUT NHI

### SELF-DIRECTED LEARNERS AND CLIENTS

We will often refer to students as learners which is a more dynamic or active word and reflects our philosophy that the learner is dynamically active in choosing and actualizing her or his educational and healing program(s). Our programs are comprehensive, yet flexible, offering you many opportunities or doorways to choose your own direction.

### NHI FACULTY

The Natural Healing Institute of Naturopathy, Inc. is pleased and proud to offer the highest caliber instructors and therapists. All of our faculty are highly qualified, credentialed, state-certified professionals who have been ***both*** teaching and clinically practicing in the natural healing fields for many years. They are dedicated, caring, genuine and personable people - several of whom are nationally and internationally renowned.

### LICENSING & ACCREDITATION

The Natural Healing Institute of Naturopathy, Inc. is a diploma granting *state-licensed* college authorized to operate in compliance with the California Education Code under the authority and regulation of the Bureau for Private Postsecondary and Vocational Education and the Department of Consumer Affairs, School Certification # 3710431.

Our Programs have been approved by other state agencies, including: the California Board of Registered Nurses for Continuing Education Credit Hours (CEU's), California Board of Behavioral Sciences (CEU's), Vocational Rehab., and the American Herbalist Guild. **Being licensed by state agencies is far more important than buying "accreditation" from a private "accrediting" group that has absolutely no state or legal benefit.**

## PROGRAM DESCRIPTIONS - OVERVIEW

*"The physician of the future will first seek to understand a person's temperament, and then treat them with herbs, food and other appropriate methods."* Thomas A Edison

Our programs were developed by director Steve Schechter, N.P., H.H.P., and staff. *All information contained therein is proprietary and, not including the mass-published printed material, is only available through our programs.* There will be no other school with this type or depth of original material available. *All of our course materials have been designed to provide excellent self-healing and growth, to stimulate and develop effective therapists, and to serve as comprehensive resource material throughout your clinical practice.*

In developing our vast, original, comprehensive, in-depth information, Schechter draws upon his 43+ years of clinical experience. In addition, he draws upon information he has integrated as the author of a best-selling book for 12 ½ years on Clinical Nutrition and Clinical Herbology; author of more than 350 articles published in national peer-review journals; speaker each year for 15 years at the three largest health industry national trade conventions; speaker at numerous other national and international health conferences; past senior spokesperson, researcher and health products formulator for three of the four largest herb companies and two of the three largest supplement companies in the world; and many other related activities.

With Steve Schechter's years of experience, research, training, and teaching, this type of information is unparalleled. *His material, combined with the input and research of other authors, industry professionals, and our Instructors and Advisors makes it impossible to find another program to compare quality, experience, depth & extent of training information and material.*

All of the distance learning programs are presented in a lesson or modular format. Each lesson must be completed, graded and assessed for progress before the next module can be completed. If you are using a payment plan, payments must be current, based on the printed agreement prior to shipment of any additional material.

## CLINICAL NUTRITIONIST CONSULTANT(CNC)<sup>™</sup> 300 CREDIT HOUR PROGRAM

*“Let food be your medicine and medicine be your food” - Hippocrates*

*“Eat your vegetables, do good, and be happy.” Jacob Schechter, at age 5, while helping Dad Steve, a keynote speaker, answer questions from the podium at the Association of Humanistic Psychology Annual Convention*

These classes are designed to train you in the use of Clinical Nutrition (CN) for self-help, personal growth and for the benefit of others. These classes qualify you to become a Clinical Nutritionist. Clinical Nutrition can be practiced alone or in conjunction with the Holistic Health Practitioner license or other therapeutic practices. Those in the fields of medicine, nursing, chiropractic, physical therapy, dentistry, massage, counseling and other healing arts use Clinical Nutrition in their existing practices.

You will learn a variety of nutritional information, including but not limited to: pros and cons of different dietary systems; correct amount of proteins, carbohydrates, and healthy oils; how each specific food affects different parts of the body; how to individualize food and supplement health program for specific needs; therapeutic use of nutrient-dense superfoods; use of antioxidants; quality of foods and supplements and proper amounts; environmental nutrition and detoxification; sports nutrition; other specialty healing programs; fasting; and integrating complete nutritional programs for optimal health and therapy.

**Diploma/Certificate of Completion: Clinical Nutritionist (CN) and Clinical Nutritionist Consultant (CNC)<sup>™</sup>.** Upon completion of the Clinical Nutrition Program, you will be awarded a diploma/certificate of completion as a Clinical Nutritionist (CN) and Clinical Nutritionist Consultant (CNC)<sup>™</sup>.

Our nutrition program is one of the strongest in the world, including several of the premier nutrition instructors in the country: our NHI director Steve Schechter, N.P., H.H.P., and several other special teachers who are nationally recognized as highly experienced teachers and practitioners. This program includes a 350+ page **original** book on nutrition available only to our students and many original articles. ***All of this information is unique, original, proprietary, and is being made available only to our students.***

**Clinical Nutritionist Program Time Allotted: Six (6) months** with optional extensions if needed for a small fee. ***All distance learning programs are self-paced.*** *It is possible to complete the program in less time than the allotted (6) months*

LESSON #:	Class Titles:	Hours	Tuition
Lesson 1	DL-NT 800 Introduction to Nutrition I		
Lesson 2	DL-NT 805 Introduction to Nutrition II		
Lesson 3	DL-NT 810 Major Dietary Systems		
Lesson 4	DL-NT 815 Vitamins and Minerals		
Lesson 5	DL-NT 820 Nutrient-Dense Super Foods		
Lesson 6	DL-NT 825 Antioxidants		
Lesson 7	DL-NT 830 Environmental Nutrition & Detoxification		
Lesson 8	DL-NT 835 Fasting		
Lesson 9	DL-NT 855 Legally Conducting a Health Consultation/Supervised Practicum		
Lesson 10	DL-NT 865 Final Project/Report/Research		
	<b>TOTAL TUITION</b>	<b>300</b>	<b>\$1,975.00</b>

## **LESSON DESCRIPTIONS:**

**DL-NT 800 Introduction to Nutrition Lesson 1** The lesson will review the importance of nutrition in daily health and a health promoting lifestyle. You will learn about healthy and unhealthy proteins, carbohydrates, fats and oils; the effects of each macro-nutrient and its impact on organs and glands; and amounts optimally required for prevention or treatment of many common health concerns and lifestyle considerations.

### **DL-NT 805 Introduction to Nutrition Lesson 2**

A continuation of NT 101.

### **DL-NT 810 Major Dietary Systems Lesson 3**

The lesson will review all the major Eastern and Western dietary systems, including: macrobiotics, zone diet, Oriental nutrition, Ayurvedic nutrition, vegetarian, vegan, lacto-ovo vegetarian, consumption of fish and seafood, lean high-quality poultry & meat, raw foods, food combining, etc. You will learn about the pros and cons of each system and how to individualize a therapeutic dietary program or a preventive dietary program.

### **DL-NT 815 Vitamins and Minerals Lesson 4**

The lesson will review each of the major vitamins and minerals and the optimal preventive and optimal therapeutic dosages of every major vitamin and mineral and the best form of each vitamin or mineral.

### **DL-NT 820 Nutrient-Dense Super Foods Lesson 5**

You will learn about the therapeutic use of more than 30 nutrient-dense super foods. The lesson will review advantages and disadvantages of each nutrient-dense super food, when to use it for prevention or for therapy. This lesson will also review optional uses of glandular extracts, how to monitor quality and when they should and should not be used and correct preventive or therapeutic dosages.

### **DL-NT 825 Antioxidants Lesson 6**

You will learn about anti-oxidants, including correct dosages and correct applications for prevention or treatment. There will be discussion of food based phyto-nutrients and correct applications and dosages for either prevention or therapy and an examination of each specific common whole food and how it affects different organs, glands and other systems.

### **DL-NT 830 Environmental Nutrition and Detoxification Lesson 7**

The lesson will cover specific foods, supplements, herbs, and other natural remedies well documented by scientific research to support healthy living in an unhealthy world. You will learn natural remedies documented to boost immunity, detoxify from chemical pollutants, radiation, x-rays, pharmaceuticals, alcohol, tobacco, and drugs; and remedies well documented to generate optimal radiant health. You will learn how to *individualize* a detox program and will have the option to experience a supervised one yourself.

### **DL-NT 835 Fasting Lesson 8**

This lesson will cover specific fasts for each specific organ and gland. There will be a review of "Fasting with the seasons" - fasts appropriate for each season of the year and environmental considerations.

### **DL-NT 855 Legally Conducting a Health Consultation/Supervised Practicum Lesson 9**

This course teaches City, State, and Federal laws governing massage therapies, nutrition, herbology, holistic health practitioner, and naturopathy. Learn how to find the laws that regulate you, with emphasis on staying within compliance, as well as where laws and licensing do and do not exist; this includes what you legally can and cannot say and do. This program also teaches ethics issues such as creating healthy and professional boundaries, preventing and dealing with inappropriate advances, dealing with transference, and understanding and preventing counter-transference. The student learns important ethical concerns regarding transformation, spirituality & holistic health, sexuality and the therapist. You will practice integrating and individualizing complete nutritional programs for prevention and treatment as mock (or sample) consultations.

### **DL-NT 865 Final Project/Report/Research Lesson 10**

Instead of a final exam, students are required to submit a major final project/report/research project. This will be reviewed and graded by two or more instructors, and students will be asked to make any requested changes or additions.



## CERTIFIED CLINICAL MASTER HERBALIST (CCMH)<sup>™</sup> 300 CREDIT HOUR PROGRAM

*"Herbs are nature's naturally concentrated pharmaceuticals that work simultaneously on physical, emotional, and energetic levels – nature's green holistic pharmacy."* Steve Schechter, NP, HHP

Historically, there are more books written on herbal medicine than any other subject. Herbs have always been the primary avenue of both prevention and treatment in humans and other animals.

This course trains you in the use of Clinical Herbology for personal growth and/or for the professional benefit of others. ***This course qualifies you to become a Clinical Master Herbalist.*** Clinical Herbology can be practiced alone or in conjunction with the Holistic Health Practitioner certificate or license or other therapeutic practices. Those in the fields of medicine, chiropractic, nursing, acupuncture, physical therapy, dentistry, massage, counseling and other healing arts use Clinical Herbology in their existing practices.

You will learn how to purchase quality herbs and herbal products, proper storage, and correct methods of preparation. More than 300 Eastern and Western herbs will be presented, including describing the traditional folk uses of each herb plus modern scientific research documenting their therapeutic effectiveness and safety, and any potential side effects, contraindications, or drug interactions.

You will learn how to make teas, salves, balms, tinctures, *balanced and individualized herbal formulas* and other preparations. You will learn the energetics of each herb and how it affects specific systems in the body, along with proper adult and child dosages. Highly effective methods of herbal medicine - combining the clinical and scientific with the traditional holistic and energetic approach - will be fully integrated into a system of making *balanced and individualized herb formulas*.

Learn the way of herbs for self-help and clinical herbology for professional practice. Herbs for cleansing, building, and balancing organs, glands, blood, lymph, muscles, nerves, emotions, and other energy systems; herbs for common symptoms; energy tonics; herbal first aid, salves, and compresses; developing your herbal intuition; and much more. The advanced training portion of this program includes Formula Making, Chinese Herbs & Formulas ***and much, much more.***

Our herbal program is one of the strongest in the world, including four of the premier herb instructors in the country. Our NHI director, Steve Schechter, N.P., H.H.P., Alison Reid-Bretell, L.Ac., David Wolfson, N.D., and James Mattioda, RPH, D Hom., are nationally respected as highly experienced teachers and ***active*** health practitioners.

The Clinical Master Herbalist Distance Learning Course includes a unique book on using a wide variety of herbs for making formulas for each part of the body and common health problems created by Cindy Leeoblems associated with each part of the body written by Steve Schechter; a compilation of many articles on herbal medicine published in national health magazines written by Steve Schechter; a 500+ page comprehensive, in-depth manual for training and developing a Clinical Master Herbalist written by Patti Weller, C.C.N.; and additional training materials and information prepared by our expert, renowned and extremely qualified NHI staff. **All of this information is unique, original, proprietary, and is being made available only to our students.**

***Diploma/Certificate of Completion: Clinical Master Herbalist.*** Upon completion of the 300 Hour Clinical Master Herbology training, you will be awarded a diploma/certificate of completion as a *Clinical Master Herbalist*. As a certified Clinical Master Herbalist, you are also eligible to join the American Herbalist Guild (AHG) which is composed of professional "medical herbalists" and/or American Herb Association, which are optional additional credentials.

**Clinical Master Herbalist Program Time Allotted: Six (6) months** with optional extensions if needed for a small fee. **All distance learning programs are self-paced.** *It is possible to complete the program in less time than the allotted (6) months*

<b>Lesson #:</b>	<b>Class Titles:</b>	<b>Hours</b>	<b>Tuition</b>
Lesson 1	DL-HB 500 Introduction to Herbology I		
Lesson 2	DL-HB 505 Introduction to Herbology II		
Lesson 3	DL-HB 510 Herbal Medicine Making		
Lesson 4	DL-HB 515 Eastern and Western Herbs Intermediate I		
Lesson 5	Eastern and Western Herbs Intermediate II		
Lesson 6	Eastern and Western Herbs Intermediate III		
Lesson 7	Eastern and Western Herbs Intermediate IV		
Lesson 8 / 9	DL-HB 535 Advanced Herbology & Developing Individualized Formulas		
Lesson 10	DL-HB 855 How to Legally Conduct a Health Consultation		
Lesson 11	DL-HB 545 Final Project/Report/Research		
	<b>TOTAL TUITION:</b>	<b>300</b>	<b>\$1,975.00</b>

### **DL-HB 500 Introductory Herbology I Lesson 1 & DL-HB 505 Introductory Herbology Lesson 2**

Learn guidelines for purchasing quality herbs; storage guidelines; preparation and use of herbs in different delivery forms, including capsules, infusions, decoctions, tinctures, compresses, salves and baths. You will learn effective and safe adult and children's dosages, guidelines for identifying therapeutic actions of herbs by their taste and texture and guidelines for developing your intuitive/listening capacities. The 20 most popular herbs for the new millennium will be presented.

### **DL-HB 510 Herbal Medicine Making Lesson 3**

This lesson will give you hands-on experience in preparing herbal remedies. Students learn processing techniques for making herbal infusions, decoctions, therapeutic herbal oils, salves, balms, poultices, and much more. All aspects from collecting and drying herbs to preservation and storage will be covered.

### **DL-HB 515 Eastern and Western Herbs Intermediate I Lesson 4**

In DL-HB 515-530, each lesson will present the therapeutic uses of more than 60 herbs that are commonly available at health food stores or through catalogues. The courses will cover traditional folk uses of each herb, plus modern scientific research documenting effectiveness and safety. You will learn the primary clinical uses for prevention and self-help; a full understanding of the energetics of the herb, how it affects specific systems in the body, which delivery forms for the herbs are most effective, and appropriate adult and child dosages.

### **DL-HB 520, 525, 530 Eastern and Western Herbs Intermediate II Lesson 5, 6, 7 ~ See DL-HB 515.**

### **DL-HB 535 Advanced Herbology - Developing Individualized Formulas & Systems Approach Lesson 8 & 9**

This lesson will give a history of herbology and different systems of holistic thinking: European/folk, Oriental, Ayurvedic, Hebrew, Christian, Pythagorean, Native American, United States, Scientific, Biochemical, Buckminster Fuller, Intuitive, Clinical/Medical Herbology systems. You will learn a highly effective, integrated method of herbal medicine developed by NHI Director Steve Schechter. Schechter integrates the above systems with different philosophical, mystical, spiritual, and religious approaches into an eclectic yet integrated, non-dogmatic yet organized "triangle" approach for designing herbal formulas individualized for each person's unique constitution. Schechter combines the clinical and scientific method with traditional and holistic approaches into a uniquely comprehensive and easy-to-learn system of designing effective, safe, and individualized herbal formulas.

### **DL-HB 855 Legally Conducting a Health Consultation/Supervised Practicum Lesson 10**

This course teaches City, State, and Federal laws governing massage therapies, nutrition, herbology, holistic health practitioner, and naturopathy. Learn how to find the laws that regulate you, with emphasis on staying within compliance, as well as where laws and licensing do and do not exist; this includes what you legally can and cannot say and do. This program also teaches ethics issues such as creating healthy and professional boundaries, preventing and dealing with inappropriate advances, dealing with transference, and understanding and preventing counter-transference. The student learns important ethical concerns regarding transformation, spirituality & holistic health, sexuality and the therapist. You will practice integrating and individualizing complete herbal programs for prevention and treatment as mock (or sample) consultations.

### **DL-HB 545 Final Project/Report/Research Lesson 11**

Instead of a final exam, students are required to submit a final project/report/research project. This will be reviewed and graded by two or more instructors, and students will be asked to make any requested changes or additions.

# CERTIFIED / LICENSED HOLISTIC HEALTH PRACTITIONER CERTIFICATE PROGRAM (HHP) 1000 CREDIT HOUR PROGRAM

The Holistic Health Practitioner (H.H.P.) Program is a full combination of our Clinical Nutrition and Clinical Master Herbology Programs, plus additional training in Health Sciences, Lab Tests, Clinical Health Analysis, Business & Marketing, Legally Conducting a Health Consultation, Practicum and Case Studies, and in-depth HHP Preparatory training. For instance, if you are enrolling in the Clinical Nutrition Program, you can later on transfer to the HHP Program by adding Clinical Master Herbology and all the other areas of the HHP Program to qualify you for a diploma/certificate of completion as a Holistic Health Practitioner (HHP). In addition, the H.H.P. Program provides holistic treatment programs for more than 300 ailments, health analysis tests you can use on yourself and your clients, the latest research on the most common diseases, guidelines for using comprehensive health questionnaires, two sample medical releases, and much, much more. ***Completion of the H.H.P. Program also qualifies you to receive the Clinical Nutritionist Consultant (CNC)<sup>TM</sup> and Certified Clinical Master Herbalist (CCMH)<sup>TM</sup> diplomas/certificates of completion and transcripts in addition to your H.H.P.***

This program teaches you how to integrate different natural healing (naturopathic) therapies into appropriate health programs. The emphasis will be learning dynamic health counseling skills and how to *individualize* a holistic health program appropriate for the client's unique needs. Through focused activity with intention—*such as* nutrition, herbology, exercise, relaxation, aromatherapy or massage, counseling, prayer, meditation—the body, emotions and spirit are healed. *Deep, long term healing occurs when concerns are integratively and holistically addressed—physically, emotionally, intellectually, and spiritually.* Please note, NHI is non-dogmatic, does not promote any one nutritional, health, religious or spiritual path, and *respects individual choice.*

***Licensure, diploma/certificate of completion: Holistic Health Practitioner (H.H.P.)*** Upon completion of this program, a diploma is awarded which fulfills the requirement by the City of Encinitas for licensing as a Holistic Health Practitioner (HHP). The program fulfills the requirement by the City of Encinitas that the applicant complete a 1,000 hour Holistic Health Practitioner program at a state-licensed school. This program also leads to licensure in San Diego and many other cities, municipalities, and counties in California which have a Holistic Health Practitioner License that requires 1,000 hours of training. You are not required to be a resident of California to hold an Encinitas or San Diego license for Holistic Health Practitioner. The city of Encinitas does not require an examination or license fee in connection with Holistic Health Practitioner licensing. Refer to FAQ's or call the Administrative Office for full details. No matter where you practice in the world, you can advertise yourself as having graduated from a state-licensed school and being licensed to practice in southern California.

**Holistic Health Practitioner Time Allotted: Eighteen (18) months** with optional extensions if needed. **All distance learning programs are done at your own pace.** It is possible to complete them in less time. In order to guarantee that you have a well-rounded and eclectic HHP training, you are required to complete the following lessons:

Lesson #:	Class Titles:	Hours	Tuition
Lesson 1 - 10	CN See Clinical Nutrition Program for Breakdown		
Lesson 11-20	CCMH See Clinical Master Herbology Program for Breakdown		
Lesson 21	DL-HHP 2000 Anatomy		
Lesson 22	DL-HHP 2005 Physiology		
Lesson 23	DL-HHP 2010 Pathology		
Lesson 24	DL-HHP 2025 Business Marketing Practices		
Lesson 25	DL-HHP 2030 Ethics & Legally Conducting a Health Consultation		
Lesson 26	Electives: <i>(Lesson 26a or 26b can be taken anytime)</i> Option 26a: MT 101 Massage Technician <b>OR</b> Option 26b: DL-HHP 2035 Aromatherapy		
Lesson 27	DL-HHP 2050 Final Project/Report/Research		
	<b>TOTAL</b>	<b>1000</b>	<b>\$6,50000</b>

Note: Should you elect to take the Massage Technician Elective (Lesson 26-A) at NHI instead of 26-B, there will be an additional surcharge in tuition amounting to the NHI residential Massage Technician training – which is deeply discounted to \$750.00 Plus, there would be a surcharge of Massage Technician books and massage supplies totaling \$71.90.

Note: Should you elect to take the Aromatherapy Elective (Lesson 26-B) via Distance Learning instead of 26-A, there will be no additional surcharge in tuition. There would be a surcharge for the additional book, more than 150 pages in extensive and practical handouts, and shipping currently totaling \$47.90.

**Please note - fees listed above apply *only* if you are enrolled in this complete Holistic Health Practitioner Program.**

## **CN Clinical Nutrition Program Lesson 1 – 10**

See Clinical Nutrition syllabus.

## **CMH Clinical Master Herbology Program Lesson 11 – 20**

See Clinical Master Herbology Program syllabus.

### **DL-HHP 2000 Anatomy Lesson 21**

This course includes anatomy of the body, especially of muscles, nerves, muscle function, nerve innervation and palpation skills to assist in locating tension. Other areas of anatomy will also be emphasized, including Bio-mechanical and joint movement (Kinesiology).

**DL-HHP 2005 Physiology Lesson 22** This course provides a basic understanding of how the human body functions. Each different body system (digestive system, nervous system, immune system, etc.) will be presented. Emphasis is on normal physiological (i.e., not pathological) function.

### **DL-HHP 2010 Pathology Lesson 23**

Understanding the mechanisms of health disorders that affect your clients is critical to insure the best possible care. Expand your knowledge of internal health and how it applies exclusively to your type of work. Learn about pathology and how to conduct effective health consultations and therapies.

### **DL-HHP 2025 Business & Marketing Practices Lesson 24**

Acquiring, cultivating and retaining your client base are essential components to having a successful, professional practice. Begin and develop a successful, efficient private consulting and therapy practice. You will learn both traditional and contemporary strategies for marketing, promoting, and managing your business. Create a practice that sets you apart from your competition resulting in long term success and growth. You will explore ways to develop a practice, including: marketing, business promotion, client referrals, networking, advertising, and other advanced successful business practices. You will have opportunities to practice and role model.

### **DL-HHP 2030 Ethics & Legally Conducting a Health Consultation Lesson 25**

This course teaches City, State, and Federal laws governing massage therapies, nutrition, herbology, holistic health practitioner, and naturopathy. Learn how to find the laws that regulate you, with emphasis on staying within compliance, as well as where laws and licensing do and do not exist; this includes what you legally can and cannot say and do. This program also teaches ethics issues such as creating healthy and professional boundaries, preventing and dealing with inappropriate advances, dealing with transference, and understanding and preventing counter-transference. The student learns important ethical concerns regarding transformation, spirituality & holistic health, sexuality and the therapist.

### **ELECTIVE #1: MT 101 Massage Technician Lesson 26-A**

This lesson teaches the basic skills for the Natural Healing Institute of Naturopathy, Inc. (NHI) "Healing Touch Massage™" as developed by Steve Schechter, N.P., H.H.P. Starting in 1966 and further refined since that time, the NHI "Healing Touch Massage™" is a further development and refinement of the "Vitality Massage™". Both styles were exclusively developed and taught by Steve Schechter to more than 4,000 licensed massage therapists practicing across the country. Our "Healing Touch Massage™" is soothing, rejuvenating, relaxing and healing to the nerves, muscles, circulatory, and lymph systems. It integrates techniques from Swedish massage that improve circulation with the more nurturing style of Esalen massage, plus many of Steve Schechter's further stroke developments and refinements. The lesson includes seventy-six hours of massage demonstration and practice, with emphasis on integrating the strokes into a flowing one hour or more professional massage. You will learn how to use your body for proper leverage and body mechanics in order to provide a healing massage without strain while rejuvenating both you and the client. In addition, the lesson covers basic anatomy, physiology, and kinesiology as relevant to massage. You will learn the basics for establishing a massage practice, how to apply for a massage technician's license, body-mind and body psychology principles, hygiene, ethics and much more.

Our massage technician lesson teaches you our widely acclaimed Healing Touch Massage™ techniques, maximum sensitivity, and generation of your energy through properly aligned body motion, posture and breath control. This class elective must be

taken residentially, on-site at our school location or comparable on-site, residential massage training at another state-licensed school in your area and then transferred to NHI.

**Note:** Should you elect to take the Massage Technician Elective (Lesson 26-A) at NHI instead of 26-B, there will be an additional surcharge in tuition amounting to the NHI residential Massage Technician training – which is deeply discounted at \$750.00 plus Massage Technician books and supplies totaling \$71.90.

### **ELECTIVE #2: DL-HHP 2035 Aromatherapy Lesson 26-B**

Aromatherapy is the art and science of healing with essential oils. The plant's vital essences offer different fields of application suitable for daily life. Learn and appreciate the delicate, subtle powers of plants in all forms, joining herbalism with aromatherapy. Following is a partial list of subjects covered: aromatherapy and the use of natural essences for health concerns and common ailments. You will blend together the art and science of reviving ancient Healing Traditions – flower essences, aromatherapy oils, and other therapies. The in-depth training provides scientific information while encouraging intuitive knowledge. The program incorporates theoretical and practical information of fragrant plants in all forms, joining herbalism with aromatherapy. Following is a partial list of subjects covered: Essentials oils – what they are/how they work, contraindications & the safe practice of aromatherapy, botanical

Note: Should you elect to take the Aromatherapy Elective (Lesson 26-B) via Distance Learning instead of 26-A, there will be no additional surcharge in tuition. There would be a surcharge for the additional book, more than 150 pages in extensive and practical handouts, and shipping currently totaling \$47.90.

### **DL-HB 545 Final Project/Report/Research Lesson 27**

Instead of a final exam, students are required to submit a major final project/report/research project. This will be reviewed and graded by two or more instructors, and students will be asked to make any requested changes or additions.

Important Note: Lesson 26-A or 26-B are electives. Our H.H.P. Program requires that you take either one. Once you choose which elective you wish to take, you can complete it at any time during the sequence of lessons. Some of the cities that license H.H.P.s, such as Encinitas and San Diego, require that students take 100 hours of massage. Other students might choose Aromatherapy if they are not subject to a 100 hour massage requirement.

## **IMPORTANT NOTES REGARDING PROGRAM DEADLINES & EXTENSIONS**

### **Important Note Regarding Extensions:**

**These programs are designed so that you can easily finish in the recommended time or less. Extensions have been incorporated to be flexible. If someone has an unexpected delay, they can still finish. Our goal is to assist you in both self-help and a fulfilling new career .**

**Distance Learning Certified Nutritionist Consultant (CNC)<sup>™</sup> and Certified Clinical Master Herbalist (CCMH)<sup>™</sup>** = All tests and Final Project are due 6 months or less from the date of receipt or date books received. If an extension is required, please contact the administration office. The fee for an extension is: \$50 for the first 6 months and \$100 for the subsequent 6 months.

**Distance Learning Holistic Health Practitioner (HHP)** = All tests and Final Project are due 18 months or less from the date of receipt or date books received. If an extension is required, please contact the administration office. The fee for an extension is: \$50 for the first 6 months and \$100 for the subsequent 6 months.

## DL PROGRAM FEES

### CERTIFIED NUTRITIONIST CONSULTANT (CNC)<sup>™</sup> PROGRAM – FEE SCHEDULE

Tuition Paid in Full	1,975.00
Staying Healthy with Nutrition	39.99
The Power of Nutrient Dense Food	49.95
Fighting Radiation and Chemical Pollutants	24.95
Nutrition Reader	25.00
Audio for Legally Conducting a Health Consultation	10.00
CA Sales Tax – for Books (CA Residents only)	11.99
Registration	100.00
STRF (CA Residents only)	1.00
Shipping/Handling (Domestic)	35.00
Shipping /Handling (International)	TBD
<b>TOTAL</b>	<b>\$2,272.88</b>

Tuition Down Payment	493.75
Staying Healthy with Nutrition	39.99
The Power of Nutrient Dense Food	49.95
Fighting Radiation and Chemical Pollutants	24.95
Nutrition Reader	25.00
Audio for Legally Conducting a Health Consultation	10.00
CA Sales Tax – for Books (CA Residents only)	11.99
Registration	100.00
STRF (CA Residents only)	1.00
Shipping/Handling (Domestic)	35.00
Shipping /Handling (International)	TBD
Administration Fee for Pay Plan	148.12
<b>TOTAL DOWN PAYMENT:</b>	<b>\$939.75</b>
Plus four (4) additional monthly payments of:	<b>\$370.31</b>
<b>TOTAL WITH ALL CHARGES FOR PAYMENT PLAN.</b>	<b>\$2,420.99</b>

### CERTIFIED CLINICAL MASTER HERBALIST (CCMH)<sup>™</sup> PROGRAM – FEE SCHEDULE

Tuition Paid in Full	\$1,975.00
CCMH Student Manual	49.95
Herbal Triangles	35.00
Herb Reader	25.00
Fighting Radiation and Chemical Pollutants	24.95
Making Plant Medicine	19.95
Audio for Legally Conducting a Health Consultation	10.00
CA Sales Tax – for Books (CA Residents only)	13.19
Registration	100.00
STRF (CA Residents only)	1.00
Shipping/Handling (Domestic)	35.00
Shipping /Handling (International)	TBD
<b>TOTAL</b>	<b>\$2289.04</b>

Tuition Down Payment	493.75
CCMH Student Manual	49.95
Herbal Triangles	35.00
Herb Reader	25.00
Fighting Radiation and Chemical Pollutants	24.95
Making Plant Medicine	19.95
Audio for Legally Conducting a Health Consultation	10.00
CA Sales Tax – for Books (CA Residents only)	13.19
Registration	100.00
STRF (CA Residents only)	1.00
Shipping/Handling (Domestic)	35.00
Shipping /Handling (International)	TBD
Administration Fee for Pay Plan	148.12
<b>TOTAL DOWN PAYMENT:</b>	<b>\$955.91</b>
Plus four (4) additional monthly payments of:	<b>\$370.31</b>
<b>TOTAL WITH ALL CHARGES FOR PAYMENT PLAN.</b>	<b>\$2,436.43</b>

## HOLISTIC HEALTH PRACTITIONER PROGRAM – FEE SCHEDULE

Tuition Paid in Full	\$6,500.00
Staying Healthy with Nutrition	39.99
The Power of Nutrient Dense Food	49.95
Fighting Radiation and Chemical Pollutants	24.95
Nutrition Reader	25.00
CCMH Student Manual	49.95
Herbal Triangles	35.00
Herb Reader	25.00
Making Plant Medicine	19.95
Audio for Legally Conducting a Health Consultation	10.00
Business Mastery	28.95
Ethics of Touch	28.00
Anatomy & Physiology	52.95
Essentials of Human Diseases	72.95
CA Sales Tax – for Books ( <i>CA Residents only</i> )	37.01
Registration	100.00
STRF ( <i>CA Residents only</i> )	3.50
Shipping/Handling ( <i>Domestic</i> )	75.00
Shipping /Handling ( <i>International</i> )	TBD
<b>TOTAL</b>	<b>\$7,178.15</b>

Tuition Down Payment	1,625.00
Staying Healthy with Nutrition	39.99
The Power of Nutrient Dense Food	49.95
Fighting Radiation and Chemical Pollutants	24.95
Nutrition Reader	25.00
CCMH Student Manual	49.95
Herbal Triangles	35.00
Herb Reader	25.00
Making Plant Medicine	19.95
Audio for Legally Conducting a Health Consultation	10.00
Business Mastery	28.95
Ethics of Touch	28.00
Anatomy & Physiology	52.95
Essentials of Human Diseases	72.95
CA Sales Tax – for Books ( <i>CA Residents only</i> )	37.01
Registration	100.00
STRF ( <i>CA Residents only</i> )	3.50
Shipping/Handling ( <i>Domestic</i> )	75.00
Shipping /Handling ( <i>International</i> )	TBD
Administration Fee for Pay Plan	487.50
<b>TOTAL DOWN PAYMENT:</b>	<b>\$2,790.65</b>
Plus ten (10) additional monthly payments of:	<b>\$487.50</b>
<b>TOTAL WITH ALL CHARGES FOR PAYMENT PLAN:</b>	<b>\$7,641.83</b>

## NHI ADMISSIONS, GRADUATION, WITHDRAWALS AND ADMINISTRATION

- **NON-DISCRIMINATION/ENGLISH AS A SECOND LANGUAGE**

NHI does not discriminate on the basis of religion, race, gender, age, sexual orientation, national or ethnic origin, etc. NHI does not offer English as a second language classes.

- **COLLEGE & CLINIC FACILITIES**

Residential classes are held at our college facilities located at 515 Encinitas Blvd., Suite 201 in Encinitas, on the Southwest corner of Encinitas Blvd. and Westlake. Distance Learning Lessons can be completed at your location at your pace as a self-directed learner. All communication is to our college/institute address, phone, e-mail, fax, etc.

- **NHI ADMINISTRATIVE OFFICE HOURS**

The Administration Office is open Monday - Thursday 9:30 a.m. to 6 p.m., and Friday 9:30 a.m. to 4:00 p.m., Pacific Standard Time (PST).

- **DISCLAIMER REGARDING ALL PROGRAMS**

**Licenses in H.H.P. are issued by the city, county, or state in which you reside; diplomas/certificates of completion for all of our Programs are issued by NHI college.** Graduation from any of our programs does not qualify you as a licensed primary health care provider—i.e. a medical doctor. You cannot diagnose, prescribe, treat symptoms, defects, injury, or disease pursuant to California Business and Professional Code 2052. You can do health counseling or therapies as a licensed or certified health practitioner or therapist. Please call us should you have questions. ***Important Note:*** Senate Bill SB577, which was signed into law January 2003, does significantly liberalize the scope of “complementary and alternative medicine” in California — such as Nutritionist, Herbalist, and Holistic Health Practitioner. A copy of the law is available upon request. Similar laws are currently being enacted in other states officially and/or in common practice.

- **HOW TO ENROLL**

You may enroll on-line or download the application, complete it and send it in to our office. Payment may be made online with your Visa, MasterCard, Discover or bank draft. If you prefer to pay directly to the school, enrollments are accepted with check by mail and credit card by mail, fax, e-mail or telephone. Your materials will be sent to you promptly.

- **ADMISSIONS & GRADUATION REQUIREMENTS**

Enrollment in NHI constitutes a commitment or intention to complete the program. The completion time for the Herbology and Nutrition Programs is six (6) months *or less*. The recommended completion time for the Holistic Health Practitioner is eighteen (18) months *or less*. Should you find it difficult to complete the program in the time indicated, you may contact NHI for a time extension of 6 months for Nutrition or Herbology at a nominal fee of \$50 for the first extension and \$100.00 for any extension thereafter and 12 months for Holistic Health Practitioner at a nominal fee of \$50 for the first extension and \$100.00 for any extension thereafter. *When adding or changing to another program, an additional \$100 registration fee will be charged.*

You will graduate from our program when all academic and financial obligations have been fulfilled. You must provide NHI with a copy of *any one* of the following: your high school diploma, G.E.D., college transcript *or* diploma before you graduate. If these are unavailable, you will be required to complete a simple entrance exam. After graduation, an official diploma/certificate of completion showing the program you have completed and a transcript will be sent.

- **POLICY REGARDING STUDENT ASSIGNMENT SCHEDULES**

Lessons are to be completed and assignments are required to be turned in progressively. The suggested frequency is approximately every two (2) weeks based upon completion of the previous lesson or assignment and passing of any related tests or projects. You are welcome to go at your own pace—either faster or slower.

- **GRADING STANDARDS**

To receive course credit, the student is expected to obtain a 70% grade or higher on all project assignments, quizzes, and tests. All projects and tests are done at home and are designed to be a helpful learning experience for you.



In the 100 hour massage tech lesson, which is an elective in the Holistic Health Practitioner program, the determination of a pass/fail grade will be based on receiving a grade of 70% or better on a quiz and on a manual test at the end of the course. For those lessons that emphasize academic information such as Anatomy, Physiology, and Kinesiology, the take-at-home quizzes shall constitute 30% of the grade and the take-at-home final shall constitute 70% of the grade.

**Satisfactory Academic Progress:** Students who are deemed by the instructor, Academic Dean, or School Director not to be making satisfactory academic progress will be asked to schedule an academic counseling session over the telephone for the purpose of guiding the student toward improved performance. If the student cannot make satisfactory progress within one (1) month, then the student will be withdrawn from the program. Evidence of failing to make satisfactory academic progress includes: exceeding the permitted level of absences in audio conferencing, student grades continuing to fall below passing in lessons, and/or continuing failure to demonstrate satisfactory application of practical skills in those courses which have a practicum section.

#### • GRADUATION REQUIREMENTS

A student shall be graduated from a program and be granted a diploma/certificate of completion and transcript *only* upon completion of all class assignments and overall evaluation in the course work of 70% or better. The full grading standard for evaluation is as follows:

90% -- Excellent/Passing

80% -- Good/Passing

70% -- Satisfactory/Passing

Less than 70% -- Unsatisfactory/Not Passing  
Unsatisfactory Evaluations may be repeated. PLEASE NOTE: *No one will be eligible for graduation from a course until tuition and all applicable fees are paid in full.* Furthermore, all school properties rented, borrowed, or damaged must be returned or paid for before a diploma/certificate of completion, and transcript will be issued.

#### • TUITION AND FEES

The tuition and fee schedule is designed to make enrolling in NHI affordable and easy. Tuition costs are outlined for the programs following the program descriptions. There is a \$100 *non-refundable* registration fee per program plus a books/supplies fee, and a shipping/handling charge. All fees quoted are in U.S. dollars and must be paid in U.S. dollars.

NHI reserves the right to invoice the student for increased costs to ship internationally, beyond the continental United States, or for 2nd or 3rd day UPS or FedEx delivery service.

Late payments will be assessed a late fee commencing 30 days after the initial due date. If the agreed payments are not maintained for 60 days or more, a student is considered no longer enrolled in an NHI Program and automatically forfeits all previously collected funds. NHI reserves the right to use an outside collection service.

#### • FINANCIAL AID & CAREER COUNSELING

NHI recognizes that financing a quality education is a major commitment. Easy payment plans have been designed for your added convenience. In addition, students who are military spouses may qualify for funding through MyCAA, and California residents who are collecting unemployment or seeking a career change may be eligible for funding through the California Employment Development Department. Contact the College for more information.

We offer individualized career counseling by appointment on the telephone, via e-mail, fax, mail or in-person.

#### • CANCELLATION/WITHDRAWAL & BUYER'S RIGHT TO REFUND

NHI shall send the course materials by first-class mail or UPS, postage pre-paid, documented by a certificate of mailing. If written cancellation/withdrawal is received within the first 8 days of delivery, books and materials may be returned at the student's expense in re-usable condition. **All returned books and materials are inspected upon receipt and there is a 15% (calculated from the original total cost of books and materials) re-stocking fee deducted from the refund.** If written cancellation/withdrawal is received after the first 8 days of delivery, books and materials are not returnable. **No refunds are available for administrative fees, registration, or shipping.**

**Notification of cancellation/withdrawal and request for a refund** is required to be made **in writing**. You may drop off, fax, certified mail, or e-mail your notice of cancellation/withdrawal. Refunds are issued by check only and are mailed within 30 days of less. Notices may be directed to: Admissions Director, Natural Healing Institute of Naturopathy Inc. 515 Encinitas Blvd, Suite 201, Encinitas, CA 92024-3744, Fax 760-652-1645, email: [enroll@naturalhealinginst.com](mailto:enroll@naturalhealinginst.com)

If a student elects to attend residential classes, the student may be dismissed from school for appearing on campus in an intoxicated or drugged state, possession of non-prescription drugs or alcohol upon school premises, behavior creating a safety hazard to other persons at school, or disrespectful behavior to another student, administrator or faculty member.

**Appealing a Dismissal:** In the event of dismissal, students shall be entitled to appeal the decision. The appeal must be in writing and a request for hearing must be delivered to the NHI Director within five (5) working days of the receipt of the decision. All costs of appeal shall be the obligation of the student.

**Student Complaint/Dispute Resolution Procedure:** The School Director and/or Administrator is the designated person to receive student complaints. He/She will investigate complaints thoroughly, interview those concerned, and review all documents related to the complaint. The School Director has full authority to determine if a complaint is valid and to take all steps necessary to resolve it. After the complaint is delivered in writing, the school will provide the student with a written response within 10 days of receiving the complaint, including a summary of the investigation and disposition of the complaint with reasons for accepting or rejecting it.

Persons needing to resolve problems or complaints should first contact the instructor in charge. Requests for further action may be made to the School Director, Steve Schechter, NP, HHP. Unresolved complaints may be directed to the BUREAU FOR PRIVATE POST SECONDARY AND VOCATIONAL EDUCATION (BPPVE), PO Box 980818, W. Sacramento, CA 95798-0818, Phone: 916-574-7720

#### • SCHOOL ADMINISTRATIVE HOURS

Our administrative office hours are 9:30am to 6:00pm Monday through Thursday and 9:30am to 4:00pm Fridays (PST/Pacific Standard Time). If you need assistance or additional information, please feel welcome to contact us during those hours.

#### **STRF (California State Tuition Recovery Fund) - (\$0.50 per \$1000.00 tuition)**

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by California residents who were students attending schools approved by, or recognized to offer Short-term Career Training with the Bureau for Private Postsecondary and Vocational Education (BPPVE).

You may be eligible for STRF if you are a California resident, prepaid tuition, paid the STRF fee, and suffered an economic loss as a result of any of the following:

- ◆ The school closed before the course of instruction was completed.
- ◆ The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
- ◆ The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
- ◆ The school's breach or anticipatory breach of the agreement for the course of instruction.
- ◆ There was a decline in the quality of the course of instruction within 30 days before the school closed, or if the decline began earlier than 30 days prior to closure, a time period of decline determined by the Bureau.
- ◆ The school committed fraud during the recruitment or enrollment or program participation of the student.

You may also be eligible for STRF if you were a student that was unable to collect a court judgment rendered against the school for violation of the Private Postsecondary and Vocational Education Reform Act of 1989.

You must pay the state-imposed fee for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

- ◆ You are a student, who is a California resident and pre-pays all or part of your tuition either by personal payment, such as check or credit card, guaranteed student loans, or personal loans, and
- ◆ Your total charges are not paid by any third-party such as an employer, government program or other payer unless you have a separate agreement to repay the third party

You are not eligible for protection from the STRF and you are not required to pay the STRF fee if either of the following applies:

- ◆ You are not a California resident.
- ◆ Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

• **ADMINISTRATIVE RECORD KEEPING POLICY**

Student records are retained for *at least* ten (10) years after a student completes their training and *at least* eleven (11) years after original enrollment.

## NHI ADVISORS

*"We must never lose our sense of awe at the magnificence of our planet."* Anonymous

**Steve Schechter, N.P., H.H.P.**, is the Director of NHI and practices in Encinitas. Steve completed the pre-medicine program and graduated cum laude from the University of Michigan with majors in both clinical psychology and religious mysticism in 1970. He graduated from the 4,000 hour residential program at Instituto Naturista Adventista with an N.D. in 1972, and has studied holistic health at many other institutes and colleges since then. He wrote the best-selling book *Fighting Radiation and Chemical Pollutants with Foods, Herbs and Vitamins—Documented Natural Remedies That Boost Immunity & Detoxify*, plus a book on fat loss and a training manual for health therapists. Steve has been a practicing Naturopath and has taught nutrition, herbology and massage since 1972. He has given featured presentations on nutrition and herbology for fifteen years at the three largest health industry trade conventions. He has lectured at three major universities, and has founded and directed a state-licensed and certified college of natural healing. Steve has been a paid consultant for three of the four largest herb companies, two of the three largest supplement companies, and on the medical advisory boards for two nationally prominent magazines. He is a regularly nationally featured journalist and has spoken at many large consumer health expos.

**David Wolfson, N.P.**

**James Mattioda, R.PH., D. Hom.**

**Alison Reid-Bretell, L.Ac., M.T.O.M.**

**Linda-Anne Kahn, H.H.P.**

**Dr. Laura Thompson, Ph.D.**

**Joseph R. Davis, C.N., C.S.C.S.**

**Rebecca Monet, H.H.P.**

**Patti Weller, C.N., C.M.H., H.H.P.**

**Jay Robb, C.N.**

**Michael Spatuzzi, L.Ac.**

**Blaine Jackson, M.D., R. PH.**

**Sheri Laine, L.Ac.**

## FREQUENTLY ASKED QUESTIONS (FAQ'S)

**What is the difference between “accredited” and legitimate, “state-licensed”?** The most important consideration is for a college to receive state approval and state license. All programs are then reviewed and approved by the state. As a state-approved vocational college, NHI must adhere to the state's quality control. The states support *only* state-approved colleges. For license and certification, ***states have recognized training only from state-approved, state-licensed vocational college.*** It is easy for schools or colleges to buy or receive "accreditation" from a private accrediting group with an impressive name, but that accreditation bears absolutely no legal or significant meaning. **When students graduate from a legitimate, state-approved, state-licensed school, a student will be grandmothersed or grandfathered in when programs later become licensed! States and cities only grant licensing and give reciprocity only if you attended a state-approved, state-licensed school anywhere in the country.**

**What is the difference between a Nutritionist and Dietitian?** Trained dietitians primarily focus on meal planning and are hired by hospitals and occasionally other institutions. Nutrition is a “whole body” approach, in which, meal planning is only a small part. Nutritionists are trained to individualize a nutritional and supplement program for therapies according to the individual's unique constitution and health concerns. Individuals preferring progressive help usually seek the advice of Nutritionists rather than dietitians. The majority of Nutritionists work for themselves doing nutritional consulting. Some start out by working with M.D.'s, chiropractors, H.H.P.'s, acupuncturists, naturopaths, osteopaths and other health therapists.

**What are the licensing requirements for H.H.P.'s?** You should check with your state/city for required total hours and specific course requirements. Even if you are not licensed, you can use N.C., C.N., C.N.C.™, C.M.H., C.C.M.H.™ and H.H.P. after your name to market and demonstrate your abilities and education. H.H.P.'s are licensed in fewer than 18 states. However, there are H.H.P.'s, as well as C.N.C.™'s and C.C.M.H.™'s, practicing openly and successfully in every state. Even if one practices where not currently licensed, our programs teach you how to practice and speak in an entirely legal manner. No matter where you practice, you can advertise yourself as having graduated from a state-licensed school and licensed to practice in southern California.

**How do I obtain malpractice insurance?** Malpractice insurance can be obtained through national organizations.

**What is the cost to attend class residentially if enrolled in the DL program?** While you are enrolled as a distance learning student, you will pay 85% of the nightly or program tuition to audit or 100% to receive credit. *No additional registration fee is charged.*

**What kind of job can I get after graduation?** You can start out working with an M.D., chiropractor, acupuncturist or other health therapists doing health consultations. Also, you can work in a health food store and develop your own clientele doing consultations on the side. Or, you can work for a supplement or herb company as a sales representative, thereby meeting health food store employees who will then refer to you when their customers need trained or in-depth advice. The majority of graduates initially or eventually work for themselves.

**What are the costs to change programs?** An additional registration fee of \$100 will be charged for every new program you enroll in. NHI will apply an 80% tuition credit toward the new program, plus additional books, shipping, etc.

**Note:** All courses taken *residentially* at NHI count towards both your HHP and NP diplomas. NHI now provides 13 fully state-approved *residential* programs: Massage Technician, Massage Therapist, Clinical Nutrition, Clinical Herbalogy, Clinical Master Herbalist, Holistic Health Practitioner, Naturopathic Practitioner, Spa & Massage Therapist, Thai Medical Massage, Aromatherapy, Lomi-Lomi/Hawaiian Healing Arts, Sports Therapist & Performance Enhancement, and Yoga Instructor, Somatics & Movement Therapist. Contact our office or check our website for more information and a full schedule of upcoming classes. You can start any of our residential programs at any time.

**Important Note:** Senate Bill SB577, which was signed into law January 2003, does liberalize the scope of “complementary and alternative medicine” in California — such as Nutritionist, Herbalist, and Holistic Health Practitioner. A copy of the law is available upon request. Similar laws are currently being enacted in other states officially and/or in common practice.

# Natural Healing Institute of Naturopathy, Inc. (NHI)

515 Encinitas Blvd., Suite 201 ♦ Encinitas, CA 92024-3744

Phone: (760) 943-8485 ♦ Fax: (760) 943-9477

Email: info@nhicollege.com ♦ Website: www.nhicollege.com

## DISTANCE LEARNING Application for Admission

Please Print (All information will be kept confidential)

First Name: _____	Last Name: _____		
SS#: _____	Birth Date: _____		
Mailing Address: _____			
City: _____ State: _____ Zip: _____			
Shipping Address: _____			
Work Phone: (     ) _____	Home Phone: (     ) _____		
e-mail: _____	Cell Phone: (     ) _____		
<b><i>In case of emergency, please notify (Name of nearest relative):</i></b>			
Emergency Contact: _____	Emergency Phone: (     ) _____		
<b><u>Educational Experience:</u> List your prior education (incl. high school, college/ university and any other training programs).</b>			
<b><u>Institution</u></b>	<b><u>City/State</u></b>	<b><u>Dates Attended</u></b>	<b><u>Major/Degree</u></b>
Do you have a physical or learning disability?      YES    NO    (If yes, please explain)			
_____			
Have you ever been convicted of a felony?      YES    NO    (If yes, please explain)			
_____			

**VERY IMPORTANT - PLEASE ANSWER -**

**How did you hear about NHI?** \_\_\_\_\_  
 NHI Student - Their Full Name      Other - please specify (i.e.person, magazine, internet)

**PLEASE NOTE** - Read completely and retain a copy for your records. This application contains important information. You should have already received a School Catalog. If not, please request one. Please review this material, it contains important school policy and procedure information that every student should be familiar with. No transcripts, diplomas or other official school documentation will be provided to a student unless all paperwork is properly completed and returned.

**Any questions or problems concerning this school which have not been satisfactorily answered or resolved by the school should be directed to: The Bureau for Private Postsecondary and Vocational Education (BPPVE) PO Box 980818, W. Sacramento, CA 95798-0818 Phone: 916-574-7720**

**\*\* This application must be completed on all three pages \*\***

**Fees due upon enrollment:** (See Page 16 of current NHI Distance Learning Catalogue for program fees and tuition. Please note: fees stated as non-refundable)

Class Code:	CLASS / PROGRAM	HOURS	Start Date	End Date	TUITION	BOOKS

TOTAL CURRENT EXPENSES:		
\$	REGISTRATION	Non-refundable – due upon enrollment (\$100.00)
\$	STRF (see catalog for more info)	\$0.50 per \$1000, for CA Residents only
\$	BOOKS & MATERIALS	All Books & Materials, CA Residents must add sales tax
\$	(SALES TAX)	If applicable (add 8%) CA Residents only
\$	SHIPPING	Shipping Fees are Non-Refundable
\$	TUITION (Paid in Full)	See Current Catalogue
	OR	
\$	PAYMENT PLAN DEPOSIT	Minimum 25% down payment on Tuition
\$	ADMIN. FEE	Add 10% of balance due for pay plans (non-refundable)
\$	TOTAL	Current Amount Due
\$	Balance Due	Balance (Tuition – PP Deposit)
\$	per month PAY PLAN (____) months	Balance divided by ( x) months for Amount per month

**PAYMENT OPTIONS (Please select ONE) -**

**Option 1**\_\_: Payment in Full

**Option 2**\_\_: Down Payment of minimum 25% deposit plus registration, books & materials, shipping , applicable taxes, and 10% non-refundable administration fee must be paid in full. The balance to be paid in equal monthly installments, per agreement, commencing thirty (30) days after delivery of books & materials. Student choosing Option 2 agrees to have funds automatically debited from a credit or debit account per agreed-upon terms. A late fee of 1.5% will be assessed for the past due amount each month. NHI accepts: Checks, Visa, MasterCard or Discover (NOTE – There is a \$5.00 transaction fee added to all credit card transactions). (There is a \$27 fee for all returned checks).

\_\_\_\_\_ INITIAL HERE to indicate understanding of this PAYMENT PLAN agreement if applicable

**CANCELLATION AND REFUND - CANCELLATION/WITHDRAWAL POLICY** -NHI shall send the course materials by first-class mail or UPS, postage pre-paid, documented by a certificate of mailing. If written cancellation/ withdrawal is received within the first 8 days of delivery, books and materials may be returned at the student’s expense in re-saleable condition. **All returned books and materials are inspected upon receipt and there is a 15% (calculated from the original total cost of books and materials) re-stocking fee deducted from the refund.** If written cancellation/ withdrawal is received after the first 8 days of delivery, books and materials are not returnable. **No refunds are available for administrative fees, registration, or shipping.**

**Notification of cancellation/withdrawal and request for a refund** is required to be made ***in writing***. You may drop off, fax, certify mail, or e-mail your notice of cancellation/ withdrawal. Refunds are issued by check only and are mailed within 30 days or less. Notices may be directed to: Admissions Director, Natural Healing Institute of Naturopathy, Inc., 515 Encinitas Blvd. Suite 201, Encinitas, CA 92024-3744, Fax: 760-652-1645, e-mail: [enroll@naturalhealinginst.com](mailto:enroll@naturalhealinginst.com).

Amount of refund is determined in the following two ways. The first is a function of the amount of time you have had the materials, and the second is a function of the amount of the coursework you have completed and submitted for evaluation.

I. The following or first refund schedule is considered as a function of time, and includes if no portion of the coursework has been completed and submitted for evaluation, at the time that the College receives written notification of withdrawal/cancellation via email, fax, mail, or personal delivery.

Amount of time since first installment of materials was received by the student as of the date of receipt of withdrawal / cancellation	Percentage of tuition refunded
0 - 4 days	100%
5 - 29 days	75%
30 - 59 days	50%
60 or more days	0%

II. The following refund schedule is also considered when some or all portions of the coursework have been completed and submitted for evaluation at the time that the College receives written notification of withdrawal/cancellation via email, fax, mail or personal delivery.

Percentage of Program completed & submitted for evaluation as of the date of receipt of withdrawal / cancellation	Percentage of tuition refunded
10%	75%
20%	50%
30%	25%
40% - 100%	0%

**Deadlines & Extensions**

**Distance Learning Certified Nutritionist Consultant (CNC)™ and Certified Clinical Master Herbalist (CCMH)™** = All tests and Final Project are due 6 months or less from the date of receipt or date books received. If an extension is required, please contact the administration office. The fee for an extension is: \$50 for the first 6 months and \$100 for the subsequent 6 months.

**Distance Learning Holistic Health Practitioner (HHP)** = All tests and Final Project are due 18 months or less from the date of receipt or date books received. If an extension is required, please contact the administration office. The fee for an extension is: \$50 for the first 6 months and \$100 for the subsequent 6 months. \* See **IMPORTANT NOTES REGARDING PROGRAM DEADLINES & EXTENSIONS pg 14\***

**Method of payment:** \_\_\_\_\_ **If Credit Card-enter #:** \_\_\_\_\_  
**Expiration Date:** \_\_\_\_\_ **Security Code (on back of CCard- 3 digit):** \_\_\_\_\_

I certify that the information in this application is complete and correct to the best of my knowledge. I am aware that deliberate falsification of any admissions information or documents is grounds for denial of admission or immediate dismissal from the Natural Healing Institute. My signature below certifies that I have read, understood, and agreed to my rights and responsibilities, and that Natural Healing Institute's cancellation and refund policies have been clearly explained to me.

  X   \_\_\_\_\_ ACCEPTED: Natural Healing Institute of Naturopathy, Inc.  
Signature

  X   \_\_\_\_\_   X   \_\_\_\_\_  
Date School Representative

*This agreement becomes legally binding upon signature by the student and acceptance by an authorized representative of The Natural Healing Institute of Naturopathy, Inc.*

Note: The Natural Healing Institute of Naturopathy Inc., is a State-Licensed and State-Approved Adult Vocational College and as such, any funds owed to it are considered as a college student loan.